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THE gateway

THE OFFICIAL STUDENT NEWSPAPER AT THE UNIVERSITY OF ALBERTA

ELECTION REFORM

New election rules extend SU campaigning period

April Hudson

STAFF REPORTER ■ @APRIL_HUDSON

Following a number of failed amendments, Students' Council ultimately voted last week to extend election campaigns, allowing candidates to campaign during voting days.

Election campaigns previously ran for nine days, followed by two voting days. However, the new bill, if it passes second and third readings, will allow candidates to extend their campaign period from nine to 11 days. The bill also stipulates that no campaign materials will be permitted within six metres of a polling station.

■ **“I’m very in favour of campaigning on election days. I think it’s a good move forward ... (this bill) is really going to change the dynamic (of elections).”**

FARID ISKANDAR
VICE-PRESIDENT (EXTERNAL), STUDENTS' UNION

Farid Iskandar, Students' Union Vice-President (External), said the bill will help remind students about elections from multiple sources. Iskandar is also chair of the SU's Elections Review Committee (ERC), which was responsible for composing the bill.

“I’m very in favour of campaigning on election days,” Iskandar said. “I think it’s a good move forward.”

Iskandar said that last year, the ERC recommended a bill similar to the one passed recently, but that it never actually made it to the table.

“(This bill) is really going to change the dynamic (of elections), I think,” Iskandar noted. “Some people might, for example, campaign hard for the first two days, and then go easy, and then really go hard for the last two days.”

Before councillors voted to pass the bill, the ERC gave council a presentation addressing a number of concerns raised about the bill.

Concerns expressed included the possibility that campaigning on voting days could lead to an increase in uninformed votes, and whether the campaign time would run too long. There were also concerns about candidates potentially setting up their own polling stations or pressuring students to vote for them.

The ERC maintained that the bill is not an attempt to provide a “band-aid solution” to voter apathy by increasing uninformed votes, and believes that more sources of information available during voting day will ultimately lead to more informed votes, not less.

In order to address concerns of uninformed voting, Iskandar said the ERC is investigating the possibility of voters being able to “save” their vote.

PLEASE SEE **CAMPAIGN** • PAGE 5

CAMPUS RESIDENCE

Committee formed to explore LGBTQ residence cohort

Potential residence could provide “safe space” for students: Yamagishi

Malika Ladha

NEWS WRITER

Various University of Alberta student organizations and campus groups are coming together to discuss the possibility of a future residential cohort group in HUB for the Lesbian, Gay, Bisexual, Transsexual, Queer (LGBTQ) community.

The directing committee — comprised of representatives from the Institute for Sexual Minorities Studies and Services (ISMSS), Outreach, Residents' Hall Association (RHA), Resident Services, Siderite and the Students' Union — is exploring the creation of an all-inclusive residential space for students who self-identify as LGBTQ, as well as allies of the community.

The long-term project ties in with Students' Union Vice-President (Student Life) Colten Yamagishi's campaign platform, which included a centre for LGBTQ students.

“There are so many stairwells in HUB and they are all just the same. It would be cool to give each stairwell some flavour,” Yamagishi said.

■ **“There are so many stairwells in HUB and they’re all just the same. It would be cool to give each stairwell some flavour.”**

COLTEN YAMAGISHI
VICE-PRESIDENT (STUDENT LIFE), STUDENTS' UNION

Yamagishi identified three main areas in which this cohort would benefit the LGBTQ community: identity and learning, peer-to-peer learning, and mentorship. He would like to see these areas be used to form a “safe space” and provide outreach events and basic services for LGBTQ students.

PLEASE SEE **LGBTQ** • PAGE 4

SAMAN VAISPOUR

PANDAS BASKETBALL

Hoop Pandas still undefeated

Matt Hirji

SPORTS STAFF ■ @MATTHIRJI

The basketball Pandas made quite the impression on their newly-minted court this weekend, claiming a two-game sweep over their prairie rival, the Saskatchewan Huskies. This puts the Pandas at four wins for the season and has them tied for first with Calgary in Canada West east at 4-0.

Playing their first two games ever at the competition gym at the Saville Community Sports Centre (SCSC), the Green and Gold had something to prove. At home in unfamiliar territory, they had a lot to overcome this weekend — not least of which was the fourth-ranked Huskies squad. The Pandas sit in the eighth spot nationally, but the Pandas

held their own on their new court. It was a weekend that gave the team a burst of confidence, something that, as team captain Nichole Clarke explained, was deeply needed for a squad that is just beginning to acclimatize to their new surroundings after leaving the main gym last year.

“When we moved over (to the SCSC), most of us thought that it would go downhill because the main gym was so much more intimate. But this weekend has been absolutely amazing. Just to get this many fans out and for our team to play so well in our home-opening weekend, it says a lot about us as a team. I think we’ll go a long way this season ... this is absolutely our year.”

PLEASE SEE **BASKETBALL** • PAGE 20

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Suite 3-04
Students' Union Building
University of Alberta
Edmonton, Alberta
T6G 2J7

Telephone 780.492.5168
Fax 780.492.6665
Ad Inquiries 780.492.6700
Email gateway@gateway.ualberta.ca

editorial staff

EDITOR-IN-CHIEF Alexandria Eldridge
eic@gateway.ualberta.ca | 492.5168

MANAGING EDITOR Justin Bell
managing@gateway.ualberta.ca | 492.6654

NEWS EDITOR Alex Migdal
news@gateway.ualberta.ca | 492.7308

STAFF REPORTER April Hudson
staffreporter@gateway.ualberta.ca | 492.6664

OPINION EDITOR Ryan Bromsgrove
opinion@gateway.ualberta.ca | 492.6661

ARTS & CULTURE EDITOR Madeline Smith
arts@gateway.ualberta.ca | 492.7052

SPORTS EDITOR Rebecca Medel
sports@gateway.ualberta.ca | 492.6652

PHOTO EDITOR Dan McKechnie
photo@gateway.ualberta.ca | 492.6648

DESIGN & PRODUCTION EDITOR Ross Vincent
production@gateway.ualberta.ca | 492.6663

ONLINE EDITOR Jordan Ching
online@gateway.ualberta.ca | 248.1509

business staff

BUSINESS MANAGER Ashleigh Brown
biz@gateway.ualberta.ca | 492.6669

AD SALES MANAGER Vikram Seth
sales@gateway.ualberta.ca | 492.6700

GRAPHIC DESIGNER Vikki Wiercinski
design@gateway.ualberta.ca | 492.6647

CIRCULATION PAL Evan Daum
CIRCULATION PAL Jonn Kmech
circulation@gateway.ualberta.ca



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colophon

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contributors

Ravanne Lawday, Andrew Jeffrey, Richard LaRose, Malika Ladhia, Kaitlyn Grant, Paige Gorsak, Rachel Singer, Matt Hirji, Atta Almasi, Evan Daum, Nick Ong, Alana Willerton, Chris Gee, Kory Orban, Julianna Damer, Peggy Jankovic, Justin Andrade, Katherine Speur, Ian Phillipchuk, Nathan Chu, Darcy Ropchan, Adrian Lahola-Chomiak, Josh Schmaltz, Lee Vilinsky, Saman Vaisipour, Yasir Ali, Lance Mudryk, Evan Mudryk, Lauren Alston, Brandon Cathcart, Chris Linden, Zain Naqvi, AmirAli Sharifi



PHOTO ILLUSTRATION: DAN MCKECHNIE

Campus Food Bank sees increase in usage

Ravanne Lawday
NEWS WRITER

Food banks across Canada have recently reported notable spikes in usage according to the 2011 HungerCount survey, with Alberta facing the second largest increase in clientele. The University of Alberta's Campus Food Bank is no exception to this statistic, serving more students than ever.

Albertans were hit especially hard during the economic recession, recording a 75 per cent increase in food bank usage between 2008 and 2011.

The cost of living has grown in that time, strapping many Albertans financially, particularly post-secondary students.

Ashley Seibert, executive director of the U of A's Campus Food Bank, said numerous factors have contributed to the increased need for the organization's services among the student population.

She noted the greatest factor is the high cost of living in Edmonton, which half of the students cited as a reason for food bank usage, as well as the low limit of Albertan student loans.

"We are still feeling the struggle of students trying to get by on their student loans, and they're often not at a high enough limit for them to afford nutritious food or any food at all," Seibert explained.

She added that a possible reason behind the increased food bank usage at the U of A and the province could be due to the recession.

"We find that in times of economic distress like we're still recovering from now, we see a lot of new clients coming in because they aren't getting the work hours, or the wage they need to support their studies."

Seibert emphasized the impact that the provincial economy has on food bank usage.

"It's interesting to note that in times where Alberta has prospered economically, we see less clients coming in. It's not just more people hearing about us and coming to us — it's a decrease in need when there are more jobs available. Students shouldn't have to concede to working and living in unfair conditions just to get by."

The clients that Seibert sees on a daily basis come from all walks of life. "You walk around with these people, you take classes with them.

They might even be someone who has been your TA in class."

Although increased usage is raising awareness for the Campus Food Bank, Seibert hopes to see fewer students dependent on the services they provide.

"We hope that people aren't as reliant on us because it is difficult for students to depend solely on us. We're here for extenuating circumstances, like when situations arise that you can't plan for. Obviously, we'd like to see the numbers go down."

With the holidays approaching, the organization is kicking into high gear to ensure that no student goes hungry over the winter break.

"We're a referring agent for the Christmas Bureau," Seibert explained. "They give out food hampers to families through Santas Anonymous. Our current clients are able to come and be signed up to receive a food hamper, so that they can have a really enjoyable holiday meal with their family and friends."

Students interested in making donations or volunteering for the Campus Food Bank can consult campusfoodbank.com for more details.

streeters

COMPILED AND PHOTOGRAPHED BY Jacquelin Gregoire + Paige Gorsak



Christina Tome NURSING I
"December 10. [Why?] That's what I feel."




Thomas Boyce ARTS I
"The end of November, about now. [How come?] It's not that far away. And there's snow, so I feel like singing Christmas carols."



Shanda-Lynne Berns EDUCATION IV
"The later part of November. You get out of Halloween and you start Christmas shopping already and it's so overwhelming. It's hard getting into the Christmas spirit jumping from one holiday to the next."



Marco Rocioppo EDUCATION III
"The first snow-fall. Christmas isn't Christmas without snow."



gateway photo

"Photography helps people to see."

- BERENICE ABBOTT

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Staff transportation survey explores commuting options

April Hudson

STAFF REPORTER • @APRIL_HUDSON

The University of Alberta has sent out a transportation and parking survey to all U of A staff in order to explore alternative options of parking and public transit.

Russell Eccles, president of the Non-Academic Staff Association (NASA) at the U of A, along with members of the Association of Academic Staff (AASUA) compiled the survey for all academic and non-academic staff of the university, which is intended to get staff opinions on potential alternatives to driving to work.

"When I became president, I had a few things on my mind to deal with, and one of them was that I thought we should get the staff to have some kind of a pass similar to what the students have. So I formed a coalition," Eccles said.

Eccles' coalition is comprised of two NASA support members, two members of AASUA, and two members of the postdoctoral fellowship.

"Everyone's always complaining about parking rates, so we got together and started looking at things," Eccles noted.

"We can't just say, 'Our members don't like the parking rates so they've got to come down.' That's not good enough. You've got to be able to have good reasoning on what to do."

The coalition prepared the survey to see what kind of a U-Pass staff members would prefer, and included the possibility of an opt-in or opt-out option. Eccles said it has taken about two years to prepare the survey.

The survey targets all support staff, academics and postdoctoral fellows, instead of just card-carrying NASA members. Eccles said the results of the survey will not be in until Nov. 16, but that within a few days of releasing the survey, there had been close to 3,000 responses, along with some comments.

"We've had a few comments come in about some of the questions," Eccles said. "But when you figure the number of people who've responded to it, and the number of comments we've had, it's like .01 per cent — less than that. There's only been about a half dozen or so comments



AMIRALI SHARIFI

come through."

Eccles said he hasn't seen any major opposition to the options presented in the survey yet. Aside from the possibility of a staff U-Pass, the survey also suggests options such as carpooling, since many people can't take the bus, according to Eccles.

Jeremy Richards, a professor of earth and atmospheric sciences at the U of A and creator a blog called *Whither the U of A*, said that in principle, the survey is a good idea, since parking has been a long-standing issue for the university, but that the survey itself was not well executed.

"There were a lot of questions in the survey that didn't really make any sense, like 'what would entice you to cycle to work,'" Richards said. "I think cycling to work in Edmonton is fine in the summer, but it's unrealistic for most people in the middle of winter."

Richards said the proposal for a staff U-Pass has been discussed in the past, but that he has concerns over how it might be implemented.

"There's a number of ways you could do it, ranging from fair to, in my opinion, unfair," Richards said.

"One of the options on the survey

was to force all staff to buy one of these passes whether they wanted one or not, the idea being the more people you have in the program, the cheaper it is for everybody."

Richards said he found the option "offensive."

"That type of approach I find very problematic because it is basically a taxation on one's salary for something which people don't necessarily need," Richards said. "It was of course one of many options, but I think putting it in a survey is really quite inappropriate."

Richards said the survey's wording implied a desire to "ding" the "evil" people who drive by, making them subsidize transit passes for others.

"It's a very divisive suggestion," Richards said.

"Many people have no option but to drive to work. They don't do it because they're evil, and suggesting financially penalizing them, I think, is inappropriate."

Richards said he couldn't speak for NASA, but that as a member of the AASUA he did not think it should have been sent out to AASUA members because it was "poorly worded" and "poorly thought out."

SUB regarding an altercation that took place near the main east doors between a male and female. UAPS separated the two and learned they were a couple. Neither one wanted to pursue the matter any further. The couple admitted to frequently fighting and arguing, and said they are planning to end their relationship.

The same couple was brought to the attention of UAPS in September for the same issue, having previously taken place at an LRT station.

SAUCY CAT FIGHT

Staff at Avenue Pizza in Newton Place contacted UAPS on Nov. 11 to report a fight in progress outside between two females. UAPS officers attended the area and separated the two combatants. One female was placed under arrest for public intoxication.

Edmonton Police Service was contacted and also attended the area. Neither female had any affiliation and no charges were laid. EPS escorted one of the females home and the other left the area in a cab.

BURSARY BREAKDOWN

Staff at the Student Financial Aid Centre in SUB contacted UAPS on Nov. 9. The staff were dealing with a male and a female who were causing trouble about a bursary request.

They were demanding an appointment and were told by staff there were no appointment spaces available. Staff eventually asked them to leave, and the male and female complied. UAPS officers spoke to them in SUB and confirmed their identities. They were warned about their conduct and told not to re-attend the area that day.

They were told that any further questions or concerns of theirs could be conducted in a more civil manner via telephone.

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On Nov. 9, UAPS officers attended

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campus crimebeat

COMPILED BY Alex Migdal

LITEROTICA

On Nov. 8, University of Alberta Protective Services received a report of an older male exposing himself on the fifth floor of the Rutherford Library north at approximately 9:30 p.m.

According to the female who reported the incident, the male was masturbating close to where she was studying.

He was described as Caucasian, in his mid-40s, with a stocky build, dark goatee, bald, wearing a black hoodie and dark pants, possibly blue jeans.

The Edmonton Police Service (EPS) was contacted and attended the area. A check of the library failed to turn up a suspect.

Library users are asked to contact UAPS if they a male similar to the description in the area.

Design competition explores strip mall renewal



PHOTO ILLUSTRATION: AMIRALI SHARIFI

Kaitlyn Grant
NEWS STAFF

Edmonton strip malls may be modernized thanks to a new international design competition hosted by the University of Alberta's City Regions Centre.

The competition, called Strip Appeal, is re-imagining the look of Edmonton's many strip malls in order to create better communities and pause urban sprawl.

Strip malls were the community hubs of the 1950s, when suburbs and automobiles took precedence over downtown living. Today, many strip malls are rundown buildings with soaring vacancy rates. The competition is asking students and professionals to reconsider these buildings at a community level.

Merle Patchett, a U of A post-doctoral researcher working on the project, said the initial idea was to ask a research question in the form of a design competition and, consequently, to redesign strip malls in order to make them more

community oriented.

"What's the most impact we can have in the shortest period of time and a design?" Pratchett said. "(The competition) is a great way to do that, and also for a city like Edmonton, where there isn't an architecture school. This is a great way to try and engage the students and the Edmonton public in architecture and the design of their city."

Pratchett said the contest is open to anyone who has a vision for the re-design of strips malls. Submissions can also be entered individually or as a team.

Redesigning buildings like strip malls is an important way to address the rising growth of cities, according to Pratchett. In Edmonton, there are 50 to 60 strip malls that could be redesigned to meet community needs.

"We're wanting to create more sustainable, walkable suburbs, particularly in a sprawling city like Edmonton," Pratchett said. "So we need to think about stopping the sprawl because it seems to be

never-ending."

The competition is attracting entries from across the world, including Australia, the Netherlands, and Brazil. Students from a 100-level design course at the U of A are also entering the competition and addressing the issues surrounding strip malls as part of their classroom learning. In a recent class, the students noted the constant battle between choosing to redesign existing strip malls or demolish and rebuild them.

The first-year design class was chosen to be involved in the contest as part of their course work in order to ensure local Edmontonians are a part of the redesign process.

"Often, it's the people in the community who have the best ideas," Pratchett said.

The contest closes at the end of November, when the top entries and the student entries from the design class will be displayed in the Enterprise Square Galleries for public viewing, followed by a North American tour of the projects.

Security issues in HUB to be solved before cohort implemented

LGBTQ • CONTINUED FROM PAGE 1

"We have already a ton of services on campus that provide research, safe spaces and resources for LGBTQ students and allies, but I think it's important to have something in the forefront and centre," Yamagishi said.

"The other ones are kind of tucked away and we want a public, visible space."

In its initial stages of discussion, the committee has not officially declared a concrete mission.

Representatives from the organizations are currently consulting their target audiences and memberships.

For example, ISMSS is conducting a survey regarding the current climate for LGBTQ students.

"We haven't completely nailed it down yet. It is very, very preliminary. There is lots of planning work that needs to be done," Yamagishi said.

Yamagishi feels the issues surrounding HUB security need to be resolved before the cohort can

be implemented.

In conjunction with RHA, Yamagishi is currently working on a separate proposal to implement mirrors in the stairways and limit access to certain doors in order to increase the safety of HUB residents.

Mark Witzaney, coordinator for Siderite — a student group for the LGBTQ community living in U of A residences — agrees that HUB security is a vital component of the cohort group discussion, since it

involves a "vulnerable group" in the campus population.

Witzaney said large initiatives like the LGBTQ cohort require well-developed and strategically-planned efforts over extended periods of time, and cannot be implemented overnight.

"We cannot expect something that takes a lot of years of planning and support in a couple of months," Witzaney said.

"It takes a ton of resources and planning, and we don't want to rush

ahead with it."

Although the plans are preliminary, Witzaney is thrilled to see so many formal organizations and student groups consolidate their efforts and resources for the LGBTQ community.

"Many initiatives tended to be temporary things," Witzaney said. "Now we are (each) established as (individual) organizations and we can work towards a more concrete and more visible long-term presence on campus."

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Dion cautions U of A students about senate reform

Andrew Jeffrey
NEWS STAFF ■ @ANDREW_JEFFREY

Liberal Party leader Stéphane Dion spoke against senate reform at the U of A last week, adding to the national debate on Stephen Harper's controversial proposals.

The Member of Parliament, who's currently touring across Canada, talked to a crowd of students and professors at the Humanities Centre about Harper's plans for reforming the House of Commons and the Senate.

Dion cautioned about being too rash with the reforms due to the unseen consequences it could have for Canada's future.

"Many times, the difficulties of today are a result of the institutional reforms of yesterday," Dion said. "If we are not clever enough, we may create difficulties for tomorrow."

Such difficulties are what Dion sees coming from Harper's plans for an elected senate, which he called dangerous for Canada's future. According to Dion, the two elected chambers would stalemate one another whenever they disagree.

Dion cited the American system as an example where conflicting political orientations among representatives of the House and Senate often causes the blockage of legislation.

"President Obama will campaign next week, but on what will he campaign? Will he campaign on his image, or his style, the way he delivers



SUPPLIED

his speeches?" Dion said. "What he has been able to achieve? Almost everything has been stopped. Even the health care reform has been delayed."

Dion believes what needs to be addressed instead is the lack of fair representation for provinces in the Senate.

Alberta, for instance, has six senators out of a total of 105, while New Brunswick has 10, despite

Alberta's higher population and faster growth.

Creating a situation that recognizes faster growing provinces is also Dion's response to Harper's proposal of adding 30 MPs to the House of Commons.

Dion would rather see Canada stick with 308 MPs in total while still rearranging seats, adding MPs to growing provinces and taking them away from other regions.

"That means that my province (Quebec) will lose seats, but the point is not the number of MPs you have. The key point is the proportion of the total," Dion said.

Dion doesn't see the proposal as a major problem, but rather a minor inconvenience that's best addressed now, before any seats are added.

However, the Senate is an issue that's seen by many as more than a

simple inconvenience. But to Dion, the lack of regional representation shouldn't effect the Senate's main role as a sober second thought.

"(The Senate's role) is useful but it's modest. The Senate is not powerful. Most of the time, the Senate gives the last word to the House," Dion explained.

"Senators say, 'Well we are not elected, we cannot stop the House.' Sometimes the Senate says, 'Well, this amendment may be more precise, the wording is not very good, we could save money if we do it this way instead of that way,' and they come up with amendments that the House many times accepts."

Dion's proposed change to the Senate wouldn't alter its modest role. Instead, he claims he would appoint admired and intelligent Canadians as senators, such as David Suzuki.

But Dion sees Harper's proposals making the Senate more powerful, and potentially hurting Canada's future.

"We need to think about institutional reforms, not to please the people of today, but in order to think about the future, the people of tomorrow, what will we give to them," Dion said.

"I would say that in a centralized country like Canada, the last thing I want to see is a central parliament and government paralyzed by a stalemate that did not work in the United States and would be a disaster in Canada."

Story of Stuff aims to teach students about mass consumerism, ecology

Richard LaRose
NEWS WRITER

Annie Leonard was tired of the North American penchant for over-consumerism.

As a result, she decided to do something about it four years ago, and produced an online film series entitled *The Story of Stuff*, which she's now bringing to the University of Alberta this Thursday as part of the Sustainability Speaker Series presented by the U of A's Office of Sustainability.

"The Story of Stuff" was first launched in 2007, and has since become one of the most successful environmental films ever produced, with more than 13 million viewers from over 200 countries and territories. It is shown in school classrooms all over the world, bringing awareness about the effects of mass consumerism on the global ecology.

In the film, Leonard explains the life cycles of consumer products, America's oversized appetite for consumption and the negative consequences of this appetite on the people and environments of the world's poorest countries.

Now she wants to get her message out to university students, whom she believes have enormous power over the future.

"Students have always played a huge role, whether it's civil rights, education, or the environment," Leonard said. "Governments realize how much power (students) have."

Leonard said students will be faced with important decisions in their lives when they graduate from university. She said resisting credit card debt, reducing needless consumer spending, and shopping at local food markets are important ways in which students can make a difference.



BATTLING STUFF Annie Leonard is a well-known advocate of sustainability. SUPPLIED

Since releasing her online film, Leonard said she has received more than 250,000 emails from people, many of whom don't know how to help alleviate the issue.

"We are nearing ecological collapse, but I want students to realize that they have choices."

ANNIE LEONARD
CREATOR, THE STORY OF STUFF

"The evidence is becoming clearer — we know there is a problem. Now the focus has become, what are we going to do to solve the problem?" Leonard said.

But Leonard's message has not gone without criticism. In Montana, one school board voted to not have her video shown to students in their classrooms. The decision was later overturned following protests.

"There still are a few who argue that nothing is wrong with the

current system," she said. "I'm not even going to try to convince those people. My message is for those who know something is wrong, but don't know how to go about making a difference."

Voting is a way in which Leonard said students can create change. "Voting is a limited utility, but an important one. People who don't vote make me want to scream," she said.

Although the online film focuses on the problems inherent in our current system, Leonard ultimately wants students to come away from her presentation with a positive outlook.

"We are nearing ecological collapse, but I want students to realize that they have choices, and that there is hope for the future if we chose to live our lives in a more sustainable way."

Tickets for Leonard's talk and book signing are \$5 and can be purchased at Tix on the Square or at any InfoLink booth on campus.

Safety of student vote is a priority, says Iskandar

CAMPAIGN • CONTINUED FROM PAGE 1

"We still definitely have not reached a conclusion on this," Iskandar said, "but we're going to look, first of all, at if it's possible for our system to handle this."

Iskandar added that, if possible, the ERC will move into discussion about this option, but that the safety of student votes is the most important thing.

The ERC also provided an amendment during council to take a couple days off the beginning of the campaign period, which would solve the problem of a lengthy campaign, but that amendment didn't pass.

"Students' Council did not believe that this is a strong enough initiative to not have campaigning on election days," Iskandar said.

"There's no getting around the fact that you need the election period to be long enough that students running can contact 30,000 students on campus to tell them to go and vote."

Iskandar said candidates need a certain amount of time to go out and talk to students.

"Making it too short a time is not an option, and making it too long will be stressful, but I guess council believes that the benefits we're going to get from allowing campaigning on voting days are better than limiting it to nine days," Iskandar said.

Zach Fentiman, the SU's Chief Returning Officer and a non-voting member of the Elections Review Committee, said there aren't many logistical concerns in implementing the bill, and that it can be implemented with minimal cost.

"You might see costs increase because there's two extra days to give out pamphlets," Fentiman said.

The main concern Fentiman raised to the ERC about the bill was the post-election removal of

campaign paraphernalia.

"Now that you can have your materials up on voting days, what would happen if, say, a candidate loses?" Fentiman said. "They don't really have the incentive to go back and tear down all their posters."

"There's no getting around the fact that you need the election period to be long enough that students running can contact 30,000 students on campus to tell them to go and vote."

FARID ISKANDAR
STUDENTS' UNION VICE-PRESIDENT (EXTERNAL)

Fentiman said he plans to resolve this issue by refusing to return the \$50 deposit each executive candidate is required to pay, unless they help tear down campaign posters.

"That's time that myself or somebody else has to spend going out and removing all their stuff," Fentiman said. "This sort of thing would be considered a damage that you have to reimburse us for."

Now that the bill has passed in its first reading, Fentiman said he is working under the assumption that the change is going to happen.

Iskandar believes the change will make the two days of voting some of the most interesting days on campus.

"I think it's going to increase the amount of time that candidates will be in contact with students."

"Other students will be exposed to the fact that there is an election going on, and they will have all these candidates to look through to see which one is best capable at representing them."



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Smoking bans at the U of A hospital prove ineffective

Paige Gorsak

NEWS STAFF • @PAIGEGORSK

Patients and hospital staff are smoking heavily at the University of Alberta hospital, despite bans prohibiting smoking on hospital grounds, according to a new study by Canadian researchers.

The six-month research project, which involved interviewing nearly 200 staff members, patients and informants such as security guards, also concluded that anti-smoking policies are inadvertently harmful, unless supplemented by smoking cessation options for patients and staff.

Candace Nykiforuk, a doctor at the U of A's Centre for Health Promotion Studies, co-authored the study that examined both the U of A hospital and the Winnipeg Health Sciences Centre. Nykiforuk is a strong advocate for smoke-free policies, but admitted that they are not a foolproof solution since smoking is such a complex issue for patients.

"Some patients smoke to relieve stress or boredom while in the hospital," she said. "But for many, it is an addiction and quitting can be difficult, even for a hospital stay."

Co-author Barry Finegan, chair of the department of anesthesiology and pain medicine at U of A, also made note of the controversy surrounding the issue.

"It would be a little inhumane to rigidly enforce that policy, especially if we're not doing a terrific job in trying to help people keep their addiction down," Finegan said.

By enforcing smoke-free policies, hospitals have driven nicotine addicts to risk their health and safety to get their fix. Finegan pointed to an example of a patient dragging their IV pole down the block in -20C weather after being reprimanded for smoking on hospital property.

Another patient in a wheel chair missed the sign that listed the hospital closure times and was locked out of the institution when he left his ward to smoke late at night.

As a result, Finegan said staff are often reluctant to enforce the policy. One security guard interviewed in the study admitted that



PHOTO ILLUSTRATION: DAN MCKECHNIE

it's nearly impossible to enforce the rules when, as a fellow smoker, he was likely to be caught smoking himself.

In addition, custodial staff interviewed for the research admitted to picking up five to 10 pounds of butts in an average day.

Instead of forcing patients to quit without relief or risk their health by continuing, Finegan and his colleagues are interested in programs like Tobacco Free Futures, a project led by Alberta Health Services and the Canadian Cancer Society.

The project focuses on integrating tobacco cessation into the continuing care of hospital patients, as well as follow-up and support for outpatients and the community, giving them the medical assistance to abstain or quit for good.

While similar smoking cessation

programs currently exist in hospitals, such as nicotine replacement therapy and support groups, Finegan is not impressed with the numbers.

"A percentage of patients do get offered therapy," Finegan said. "But we want it to be 100 per cent, not just 20 or 30 per cent."

Finegan is hopeful the study will help hospital and government decision-makers when developing policies related to smoke-free hospital grounds and cessation support.

"I'm optimistic that we will make progress on this front," Finegan said.

"I think the government and Alberta Health Services are committed to it. To be honest, I think Alberta has made a number of significant advances in tobacco control policy over the last few years, and I think that will continue."

Expectations play role in pain process

Rachel Singer

NEWS STAFF

Research recently conducted at the University of Alberta is aiming to reduce the stigma around the psychological aspects of pain and its influence on an individual's recovery process.

Geoff Bostick, a U of A physiotherapist who recently completed his doctorate in rehabilitation science, researched pain beliefs following whiplash injury as part of his thesis.

"The angle I took was looking at how people think about their pain," Bostick said.

"Most people, especially in the public, don't think about how thoughts influence pain. Most people think about damages to the tissue."

Experimental research has shown that the way people think about pain can influence the biology of how pain is processed.

The brain cannot completely separate messages related to tissue damage from messages related to thoughts and expectations,

resulting in the intertwining of these messages.

Bostick was interested in whether or not thoughts shortly following an injury could influence pain or function later on. His research involved surveying individuals from Alberta and Saskatchewan who had recently been in car accidents.

"I measured a whole bunch of different beliefs, but the one that seemed to be most important is somebody's expectations for their recovery," Bostick explained.

"So if they have positive expectations about their recovery, they tended to have lower levels of pain at three months and six months after the injury. Whereas if they had a negative expectations, they tended to have higher levels of pain."

Bostick said most people think of pain in a strictly medical way and he hopes his research will get people to think of pain in broader terms.

According to Bostick, a certain level of stigma is attached to the psychological aspects of pain, leading people to tend to only focus on the physical aspects.

"There is an unfortunate stigma

that a lot of people think that people who have whiplash injuries are faking or malingering," Bostick said. "Anytime somebody brings up the idea of psychological factors being important, some people misinterpret the injury as not being real."

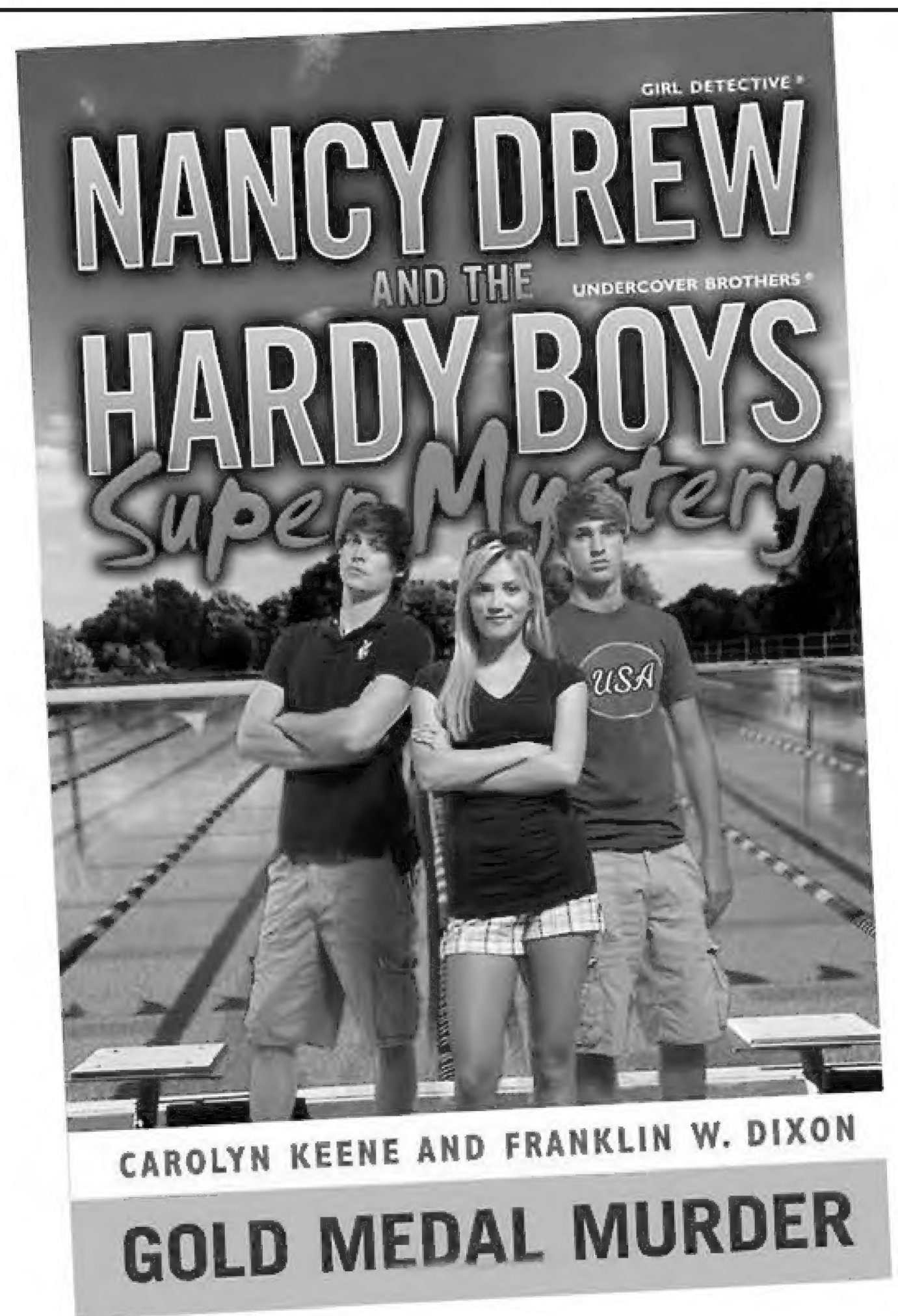
Bostick said our thoughts about pain are a biological process and a valid part of the pain experience.

He noted that the psychological role of pain does have an impact on how a person recovers.

Therefore, he believes it is worthwhile addressing how one feels about their pain and recovery process shortly after an injury, since it may adversely or positively impact their recovery experience.

As a result of his research, Bostick thinks that health care providers need to start considering all aspects of pain, including its psychological component.

"Maybe health care providers could broaden the way they assess pain, so not just ask people how their pain feels on a scale of zero to 10, but also ask about how people think about their pain and how it affects other aspects of their lives."



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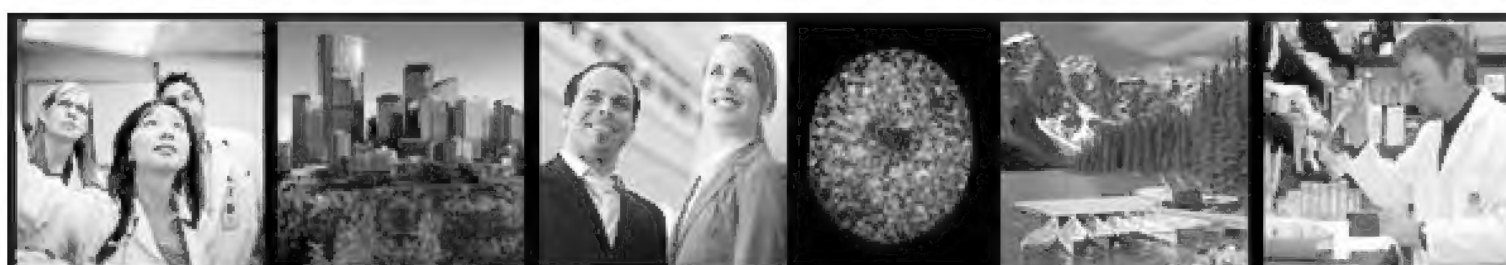
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SUPPLIED: VICTOR TANGERMANN (THE MCGILL DAILY)

Student protests rock McGill

Riot police fight against student protestors with pepper spray, tear gas, and force

Jessica Lukawiecki & Erin Hudson
THE MCGILL DAILY (MCGILL UNIVERSITY)

MONTREAL (CUP) — More than 100 riot police overtook McGill campus on the evening of Nov. 10 to disperse student demonstrators that had gathered in front of the James Administration building.

Pepper spray, tear gas and physical force were used by police against demonstrators who were protesting the detainment and violence allegedly used by McGill Security against a group of McGill students who had occupied Principal Heather Munroe-Blum's office earlier in the day.

Fourteen McGill students claim to have been assaulted by McGill Security while they occupied the fifth floor of the James Administration building for almost two hours on Thursday afternoon. The sit-in coincided with a 30,000 person-strong demonstration on the streets of Montreal against tuition hikes in the province.

At 4:05 p.m., a group of approximately 50 students entered McGill campus after news of the occupation in James Admin reached the demonstrators.

Some of the demonstrators took a megaphone to encouraged others to join them. "We're in McGill, we need more people," screamed one demonstrator. The crowd outside of James Administration grew to around 200 people.

Reports of violence used against the sit-in students by McGill Security reached those outside through text messages and phone calls. Demonstrators proceeded to form a human chain around the building, demanding entrance.

At roughly 4:50 p.m., four Service de police de la Ville de Montréal (SPVM) officers approached the building and entered James Administration through a back door, where students attempted to block them.

"When we heard the cops were coming ... we decided to delay them so people inside could have time to negotiate," said Attar Rifai, president of the Association of McGill University Support Employees.

Deputy Provost (Student Life and Learning) Morton Mendelson confirmed that he had been inside the James Administration throughout the demonstration.

"There were four police who came to survey the situation. They at no time interacted with the people upstairs," he said.

Mendelson noted that he did not know who had called the police officers. According to Mendelson,

McGill Security is "mandated — or certainly allowed — to call the police when they feel that there is a threat to people or a threat to property ... but I don't know what triggered the decision to do that."

Moments after the four police officers arrived, about 20 students entered through a side door for a peaceful sit-in on another floor of James Admin, with McGill Security supervising.

Just before 5 p.m., 20 police on bicycles approached James Admin from the Milton Gates. The officers spoke with McGill Security but did not take action immediately.

Officers lined up, using their bicycles as barricades against the demonstrators. Some swung their bikes at the demonstrators who were attempting to push the police off campus.

"Three Montreal riot police came at me, clubbed me in the ribs and stomach with a baton, (and) knocked me over."

GREGORY MIKKELSON
ASSOCIATE PROFESSOR, MCGILL UNIVERSITY

A brief confrontation took place between demonstrators and police. Demonstrators pushed police back while officers dodged items, including sticks and water bottles, thrown by the crowd. The officers rode away, to the cheering of students.

Shortly after 5 p.m., about 40 riot police entered the campus through the Milton Gates, beating their shields with batons. Police pushed the crowd towards the Arts and Ferrier buildings.

Demonstrators were pepper-sprayed after pushing back against the police lines in front of James Administration.

"The university did not call the riot squad. I can tell you that, unequivocally," Mendelson said in an interview on Nov. 11. "I know that the police who were here called in (the riot squad)."

"(The four police officers) looked out the window, and they saw the crowd was growing — there were conversations, things seemed to be getting more heated," Mendelson explained. "I don't know why, what factored into their decision."

Jean-Pierre Brabant, a member of the SPVM's public relations team, declined to answer questions as to whether the riot police had authorization to enter McGill campus.

A second wave of more than 50 riot police surrounded demonstrators on all sides. At this point, students taking part in a sit-in on the first floor of James Admin exited the building.

One demonstrator who was trying to cross police lines on the west side of James Administration was picked up, dragged, and thrown to the ground.

Police formed a line and began forcibly pushing demonstrators down the steps, towards the Milton Gates at the edge of campus.

Dozens of demonstrators were pepper sprayed by officers, while others carried water to those who had been blinded by the spray.

Gregory Mikkelsen, an associate professor in the environment and philosophy departments, was on his way to pick up his children from daycare.

While leaving campus, he noticed the protest outside of James Administration and stopped to observe.

"Three Montreal riot police came at me, clubbed me in the ribs and stomach with a baton, knocked me over — I don't know if it was a club that knocked me over or one of them pushing me, you know, it all happened so fast — I popped right back up and they pepper sprayed me in the face," Mikkelsen said.

"After I was attacked, my first thought was to check with the person I had been talking with shortly before that and see if he had witnessed it, and ask him if I could get his information so I could corroborate if necessary," he continued.

Fleeing protesters were unable to enter McGill buildings, which had been locked. McGill's emergency alert system was not activated.

Mendelson spoke to the activation procedure of the system, which is controlled by McGill Security.

"The emergency alert system would go out to all the members of the community, and there's a trade-off whether or not that would have calmed the situation or fuelled the situation," he explained.

Once protesters had been pushed off campus onto nearby Milton Street, police shut down the intersection at Milton and University Streets, while demonstrators lingered in the road.

Shortly after, tear gas was deployed. The police proceeded to charge towards remaining demonstrators, breaking up the crowd.

For more details on the McGill protests, check out coverage on the Canadian University Press news wire at cupwire.ca

Opinion

Opinion Editor

Ryan Bromsgrove

Phone

780.492.6661

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opinion@gateway.ualberta.ca

Volunteer

Opinion meetings Wednesdays at 5 p.m. in 3-04 SUB. C'mon by!

EDITORIAL COMMENT

Paterno deserved to lose his job for not calling cops

JOE PATERNO BEING FIRED AS HEAD COACH OF THE NITTANY Lions has caused a huge uproar between those supporting JoePa and those who don't. The Penn State University football coach won't get to complete his 46th year with the Lions after the school's board of trustees gave him the boot last Wednesday after finding he failed to report child molestation.

Those who don't think Paterno should have been fired are essentially saying it's okay to not do everything in your power to prevent children from being molested when you know it's happening around you. As long as you do your part and tell someone else, the onus is off you.

Because that's what Paterno did. When current receivers coach Mike McQueary told him back in 2002 that he saw former assistant coach Jerry Sandusky raping a 10-year-old boy in the showers of the locker room at Penn State the day before, Paterno told athletics director Tim Curley. Not the police. Sandusky still came around campus with boys from his charitable organization, The Second Mile, where he had access to the university's facilities.

Paterno seems to be a respectable guy. A lot of people love the 84-year-old man who brought his Lions to two national victories in 1982 and 1986 and has seen 409 wins in his career.

Even Ashton Kutcher — who sent out an angry tweet last Wednesday night as soon as he found out Paterno had been fired — is a fan. Kutcher later said he didn't know why Paterno had been fired when he sent the tweet.

But the hundreds of Penn State students who started rioting after they heard the news *did* know the reason Paterno was fired. But for some reason it seemed okay for them to flip over a news van, throw rocks at a reporter and smash lamp posts to show their support of a man who stayed quiet about child abuse.

Paterno has now said that in hindsight he should have done more. But the fact remains that he didn't. Coaching legend or not, he deserves to be fired. And so does McQueary, who didn't run in to help a little boy who was being raped, but ran in the other direction — out the door to call his father, who suggested he tell Paterno.

McQueary reported that both Sandusky and the boy saw him. Imagine the glimmer of hope for rescue that flashed through that little boy's mind when he saw the tall, athletic man come in, only to see him rush away.

Sandusky has been arrested and charged with 40 counts of sexual assault throughout 15 years, between 1994-2009, involving eight boys. He is an alleged sexual predator who continued to visit the Penn State campus even after at least three people there claim they knew what he had done. Maybe they didn't know about all of the accounts, but they knew about one. That should have been enough to warrant a call to the police.

And actually, more people knew. Curley told senior vice-president for finance and business Gary Schultz. The two talked to McQueary about what he saw. Curley also told university president Graham Spanier. None of these men contacted the police, the campus police, or tried to identify the child.

Spanier was fired the same day as Paterno. Curley and Schultz have been charged with perjury and failing to report abuse. Nothing has happened to McQueary, unless you count multiple death threats that might keep him on the bench as a coach for awhile for his own safety.

Paterno made a big mistake and there are big consequences. Failure to report a serious crime is not based on how many gold stars you have racked up in your favour by being a respected coach and a likeable guy. The issue is about eight boys who were allegedly sexually abused by one man over 15 years. Some of the acts happened after the incident that was witnessed in 2002. At least a few of them might have been saved from this type of shameful and degrading experience if Paterno had called the cops.

By not doing that, Paterno deserves what he got.

Rebecca Medel
SPORTS EDITOR

EDITORIAL HAIKU

One week never enough

Fat Frank's yesterday
I bought the dog of the world
Peking is tasty

Ryan Bromsgrove
OPINION EDITOR

ALTERNATE DESIGN FOR THE NEW HUNDRED DOLLAR BILL



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ROSS VINCENT

letters to the editor

AdPReP focus misplaced

(Re: "Arts faculty looks to cut \$1.5 million from budget" by April Hudson, Nov. 2)

The article glosses over fundamental problems with the Administrative Process Review Project (AdPReP). The claim that "students and faculty members are the primary focus" of AdPReP means little in substance. Key stakeholders — including students, faculty, and department chairs — who will suffer the consequences of staff cuts have neither been adequately consulted nor given the opportunity to help develop alternatives. Moreover, after unexpectedly deciding to fill numerous academic positions, the affirmation that the Faculty of Arts must reevaluate its administrative processes and personnel unfairly exposes the most vulnerable group of employees to possible job cuts. A climate of secrecy surrounds AdPReP, and the intentionally hasty schedule inhibits dialogue and genuine evidence-based decision-making. What will happen to the quality of student experience if departmental administration collapses, becomes erratic, or so centralized that department-specific needs are neglected?

If the goal of AdPReP is to "rethink the faculty's core activities," as the article suggests, then the Faculty of Arts should begin by looking at how it can increase revenue by offering and marketing more classes. Unfortunately, the product side of the review appears absent from the current AdPReP mandate,

as 12 astonished members of the Political Science Graduate Students' Association (PSGSA) were told in an Oct. 26 meeting with the AdPReP Project Manager. It is unclear how we arrived at a possible loss of 15 Faculty of Arts administrative positions, but it is patently obvious that the proponents of AdPReP have focused on staff cuts instead of revenue generation or innovative alternatives to layoffs that could emerge from a more transparent and inclusive process. Other universities have become more creative in dealing with similar budget-related problems. Some are calling their research professors back to more teaching, offering more classes, and attracting more students.

The current AdPReP process is undemocratic, inflexible, and exclusive. Our students and faculty deserve better. Our hard-working administrative staff whose support we rely upon every day deserve much better.

Satish Joshi, Nathan Andrews, Bret Epperson, Maya Seshia

THE COALITION IN SOLIDARITY WITH FACULTY OF ARTS STAFF

Teaching methods need more innovation

I'm not sure why I feel this way. Perhaps it's because I'm in my final year and am looking at things retrospectively. Or perhaps it's because what I have and am experiencing in the classroom is actually true.

Whatever the case, right now, I

really find that teaching at the U of A lacks in many, many ways. In simple terms: it sucks.

If I am not mistaken, most profs are also researchers. Much of their time is spent on research and less on teaching and marking, etc. We have some of the world's greatest experts who know their stuff inside and out. But they are not so great at transferring their knowledge to their students. I believe that in my close to four years at the University of Alberta, I have only had two exceptional profs: Dr. Collins who teaches Human Geography and Dr. Michael MacDonald who teaches music.

I was talking about this problem with teaching with a friend and we reached a conclusion, that teaching at the U of A needs to move with the times. Not in terms of acquiring technology because I think we have it at our fingertips, but making better use of it and the way in which people can access information with that technology.

We live in a society abound with information on the internet. I can basically learn everything — and possibly more — I learn in class just off the internet, discussing with my friends and volunteering. Knowing their teaching limitations, teachers should act more as facilitators in classrooms. Giving students the space to find their own information on a certain subject or theme and allowing them to explore amongst one another and then present to the rest of the class. Exams can then be based on these presentations.

PLEASE SEE LETTERS • PAGE 13

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Science strengthened by new telescope funding



Adrian Lahola-Chomiak
OPINION WRITER

In the battle against frugal ignorance, NASA and her allies have emerged victorious. The U. S. senate made a step in the right direction by eventually approving a bill that secures funding for the James Webb Space Telescope.

Advocates of cutting the project in the name of saving money ignored the importance of doing science for science's sake. And while they were ultimately defeated, the presence of that opposition remains disheartening.

The Hubble space telescope's next-generation replacement snuck off the cutting board, but only after significant pestering by scientists and the scientifically-inclined. Arguments made against the project fell into the tired narrative of fundamental science research not being economically advantageous, but to evaluate research based on economics and not its merit is a mistake that undermines the nature of the scientific process.

Usually the arguments against basic science range from the subject being ridiculous to morally objectionable, but they always miss the point of the endeavour. When people outside of their area of expertise — politicians, bureaucrats and the like — critique science, they often don't understand the true value of a given project.

Take fruit fly genetics. To the uninitiated, the study appears like a

trivial exercise in entomology. But the field has widespread applications and pushes the boundary of our knowledge. Work here helps our understanding of hereditary diseases, how we go about treating them and much more.

Getting funded usually means writing a nice proposal containing the area you'll be working in and what you hope to get out of it, but this ignores the messy part of science. Making mistakes, dealing with ambiguity, and being ignorant is a hard sell, but it's an inherent part of investigating the unknown.

Projects like the James Webb space telescope are exciting and important precisely because we do not know what they're going to find. James Webb will be launched with a lot of expectations, but as with Hubble, the most interesting part is that it will likely find things we never expected.

The problem here is evaluating these proposals based on their economic costs and benefits versus the scientific goals. Science doesn't always have clear financial benefits: investing in Fermilab's now-closed tevatron collider must have felt like throwing money down a hazardous waste disposal to some, but in reality it allowed for years of exciting new research, expanding the view of our world exponentially.

That isn't to say the project didn't lead to some real economic benefits

as well, but the effect isn't cleanly quantifiable enough for an accountant's spreadsheet. The internet and computer age are intimately tied with our probing of the atomic wonderland described by quantum physics, but nobody would have seen it coming.

The immediate product of science is rarely an innovation of much use to the profit-driven corporation. Instead, the quiet assault on our ignorance is carried out in the hopes of illuminating a slice of the unknown. Because of this, it often remains the purview of governments to invest with unknown hope into the labs and offices of scientists around the world, making the scientific process acutely vulnerable to austerity measures. This undermines the true value of science which is in the way that it broadens our horizons, not our wallets.

We should consider the pursuit of knowledge as justifiable on its own merits, rightfully giving some intrinsic value to simply finding things out. Observations build on each other to give us a better picture of the world around us.

When the Hubble space telescope looked more closely at a dark patch of the sky, it found that rather than being barren, it was instead teeming with galaxies. Whether you find that sense of scale frightening or awe inspiring, it leaves you painfully aware of a world begging to be explored.

Food Network relishes in excess



Lee Vilinsky
OPINION WRITER

If Africa got the Food Network, maybe #OccupyAfrica would have happened a long time ago. And by "#OccupyAfrica," I mean that a lot of people would be pissed off at the fewer well-off Western societies and their excessive, indulgent, throw-away attitudes.

The TV happened to be on the other night, and I caught the tail end of *Iron Chef*; specifically, the part where Bobby Flay gets his ego stroked by several judges after they each nibble on his ornate comestibles. Before the judges tasted each dish, Bobby would state its name and maybe give a brief description of how it was prepared. After the judges had consumed his fine product, they would give feedback. It was at this point that I realized I had no idea what the hell they were talking about.

Truffle oil? Saffron? Crème fraîche? I asked myself what were all of these eccentric food items that my taste buds had not ever had the pleasure of experiencing.

After doing some thorough Google research, I reached the conclusion that not only were all of these ingredients way out of my budget, but they seemed to be out of place in normal, everyday cooking. Clicking a few more links also revealed that there is actually a coffee made from the shit of a little critter called the Asian

palm civet, that costs about \$50 a cup — Kopi Luwak.

With the rise of the so-called "Foodie Nation" in the Western world, it seems to me that the Food Network does nothing more than promote mindless indulgence. Guy Fieri's role in the program, *Diners, Drive-Ins and Dives* is a testament to this factoid.

Sure, it would be "nice" to have a job that requires you to travel across North America and stuff your face, but I'm hard-pressed to believe that this promotion of an elitist, food-craving mindset is doing anything good for the bulk of the Earth's growing population.

The Food Network perpetuates notions of a consumerist, throw-away society, retaining a complete disconnect between what people eat and where it comes from.

The people of Africa and of other starving nations around the world — which includes a large proportion of North America — have every right to be pissed off about this. We know that half the world is starving and the other half is obese, and you could point your finger in a million directions for this imbalance.

But what our society can do to try to approach equilibrium is abandon this fine-dining ethos and be more concerned with simple, good food. You know, things like broccoli, meat,

eggs, cabbage and carrots — and meat should be eaten on a considerably smaller scale than it is now.

Although I don't expect everyone to think about the less fortunate every single time they drop \$100 on a pound of Kobe beef, it certainly helps to make more informed decisions.

The Food Network perpetuates notions of a consumerist, throw-away society, retaining a complete disconnect between what people eat and where it comes from.

Not only is every popular program on the Food Network either about consuming food or preparing bombastically ostentatious food for consumption, there is not a single show that raises awareness on world hunger, let alone the hunger going on in your neighbourhood.

For a name as suggestively all-encompassing as the "Food Network," it could stand to branch out and have programs involving growing and cultivating food, developments in food news and technologies, and maybe even an entire show dedicated to informing us how badly Monsanto is screwing people over. It could actually live up to his name, and the programming potential is there. But you won't ever find a show that actually does something productive, because that's not what Americans want to see.

All I know is that if my family was starving, I'd be pretty pissed off knowing that Westerners actually make money from TV shows in which judges argue about some dude's truffle oil overpowering the saffron in a lemon-grass, New Zealand-caviar dish.



PHOTO ILLUSTRATION: DAN MCKECHNIE

Myriad moustaches for the perfect Movember



Opinion Staff
GROUP COMMENTARY

Movember's in full swing. If you're taking part, now is the perfect time to start thinking about what you want that bad boy to look like at the end of the month. We're here to help.

Nathan Chu

If you still haven't decided what to grow this Movember, the face that stared back at you in the mirror this morning faces the prospect of devolving into a chaotic thicket resembling your own pubes.

So I propose a simple solution: handlebars, bro.

The epitome of sophistication and a classic style for a refined gentleman's gentleman, the handlebar moustache bellows out cavalier and dignity. The curling ends will accentuate your smile, but of even more utility, they will also vastly improve a grimacing scowl. And to sweeten the deal, when wearing a suit or sport jacket, a monocle and pocket watch is not frowned upon as excessive, but on the contrary, it is customary.

By growing one you will join the elite company of people like Archduke Franz Ferdinand, gun-slinging badass Wyatt Earp and of course, 'Rollie' Fingers, in addition to all of the past and present members of the Handlebar Club that was established in 1947. All had two things in common: a style of facial hair, and being gods among men.

And of course you'll suddenly find yourself dynamite with the ladies. Don't screw it up by actually talking to them — let the 'stache do the work and your irresistible mystique will grow with every silent moment that passes.

Once you grow out one of these bad boys, be ready for swarming mobs of women that grow by the "she told two friends, who told two friends..." type of exponential growth. That moustache comb you traded all your arcade tickets for as a kid doesn't seem so shitty now, does it?

Josh Schmaltz

There is one man out there who is more badass than Chuck Norris, and he has the moustache to prove it. Can Chuck Norris eat magic mushrooms and then double in height? Can Chuck Norris eat flowers and then spit fire? No. There's only one man who can, and his name is Mario.

The beloved Italian plumber brings swift death to anyone blocking his path with blunt trauma to the skull or spine — as long as the victim isn't wearing anything spiky. And at the end of the day, when he finds the right castle, Mario always gets the reserved, yet slightly promiscuous girl for himself.

Why does Mario get invited to the castle for "cake" with the Princess while you continually get rejected by that cute girl in your chemistry class? It's an easy answer. Mario's power lies entirely within his well-groomed moustache. He has taken the old-school style walrus moustache to a new level by flaring the tips upward instead of down. The intentional unevenness on the bottom is a confirmation of his unflappable confidence. Clearly this is a man that you do not fuck with, notwithstanding that madness at the beginning of Super Mario 64.

All you need to do is grow a similar set of whiskers. There are some big advantages: bring a turtle shell along when you get to the Tim Hortons line, give it a good kick and skip straight to your double double. You'll get a boatload of points and lives as a bonus. Trying to get to RATT for lunch but the elevators in SUB are slow and miserable? Eat a feather, take a good run toward the building, and effortlessly fly up to the seventh floor. If this doesn't make women throw themselves at you, I don't know what will.

Nick Ong

The perfect moustache has to be something modern and refined, yet large enough to shield your sensitive upper lips from the cold winds of Movember. Do away with your handlebars and your walruses; above all, avoid attempting the obviously fake "Mariostache." After much research, I found the answer to the ultimate

moustache. Behold, the Dali.

For those not in the know, a Dali, eponymous with its colorful artisan creator, is defined by the World Beard and Mustache Association as "a mustache with narrow, long points bent or curved steeply upward, with areas past the corner of the mouth shaved." Besides the obvious stylistic elements, one of its main advantages is that it solves the problem of food sticking in your facial hair, a problem many other moustache enthusiasts grapple with.

As an added bonus, the Dali requires much less facial hair to style, something those less-endowed in that area will rejoice about. Above all, did I mention that the Dali, if styled correctly, can actually distract the eye from the other facial elements, leading to an overall improvement in appearance?

For those who intend to explore extreme moustache-growing after the Dali, one can always grow a Fu Manchu. A floppier, longer version of the Dali, their sheer physical presence is the ultimate showcase of masculinity. No wonder so many villains sport them. They are also very, very fun to play with.

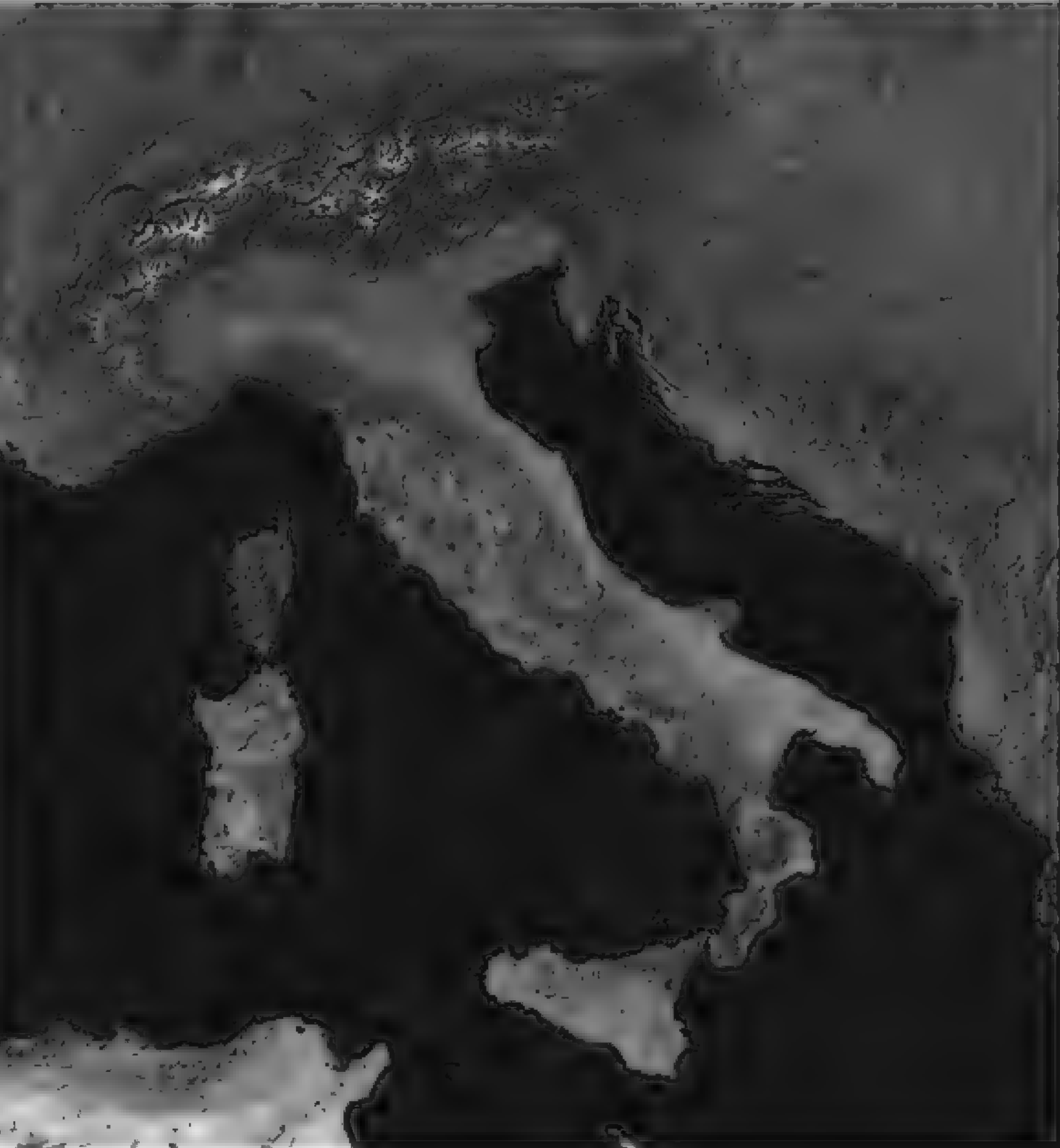
Ravanne Lawday

The part of Movember I'm looking forward to most is all the patchy moustaches we're going to see. This isn't something that turns my sexual engines; I'm excited for the comedic effect of a poor young man who can't grow facial hair giving it his best shot and failing.

My obsession started a few years ago with a fellow beside the Westmount transit station who had the most hilarious facial hair. He had a very sparse moustache, accompanied by a beard that looked like a five-year-old had shaved random polka-dots all over his cheeks.

Thinking this would be the first and last time I'd see the curious young individual, I laughed and moved on. But then I saw him again. And again. And before I knew it I'd affectionately named him Patchy the Sailor — and now I want him to have a few patchy friends. So, pre-pubescent boys out there, don't be afraid to give Movember a try. There are others out there like you. Don't worry, it's not creepy; it's funny.

ASS OF THE WEEK?



Berlusconi is an entertaining leader — if he's not running your own country. So is Italy really making a solid move by ousting him, or being an ass to the rest of the world by denying us our fun?

gateway opinion

MEETINGS WEDNESDAY AT 5 IN 3-04 SUB

continues to find... (text is partially obscured)

White House petitions won't lead to any serious answers



Darcy Ropchan
OPINION STAFF

Pot, aliens and student debt: they do have something in common. All three of these hot-button issues were the subjects of a new series of online petitions called "We the People." The petitions are a new form of on-line outreach created by the Obama administration to give everyone a voice in the White House. Although the meaning behind this initiative is good, these petitions accomplish nothing. They're great for people who want government change, but don't want to have to go outside and actually do anything about it.

Their purpose is explained on the White House website: "This tool provides you with a new way to petition the Obama Administration to take action on a range of important issues facing our country." People submit petitions, and if they receive 5,000 signatures, the White House will issue a public response. The number was later upped to 25,000.

Although legalizing marijuana and trying to get answers about existence of aliens are important issues on the minds of voters, trying to get change through an online petition does little for these causes. As expected, the White House issued the same response it's been saying for years when it comes to these matters. "Legalizing marijuana would not provide the answer to any of the health, social, youth education,

criminal justice, and community quality of life challenges associated with drug use."

The White House responded to the alien petition by saying: "The U.S. government has no evidence that any life exists outside our planet, or that an extraterrestrial presence has contacted or engaged any member of the human race." And though they announced a new "Pay as you Earn" program for helping to relieve some student debt, it had likely been worked out long before the petition question on the issue.

▪ If people are petitioning to have the right to responsible, legal use of marijuana it doesn't help your cause if your petition can be signed by 13 year olds.

These petitions are like a placebo: signing it makes you feel better, but it doesn't really do anything in the long run. Expecting the Obama administration to suddenly change their policies based on the opinions of a relatively small sampling of voters is crazy.

Even if there was evidence that alien life has been to Earth and marijuana is good for you, President Obama is not going to suddenly think, "Gee, if a few thousand people want pot legalized and alien life to be acknowledged then maybe I should do it."

It doesn't work that way, and these petitions won't work at all. They only

make you think that your voice is being heard.

Because it's an online petition, people question its legitimacy right away. I understand that sharing things online is the fastest way to unite people, but anyone can sign any of the "We the People" petitions. Despite not being an American citizen I was able to make an account at whitehouse.gov in less than 30 seconds, which allowed me to sign and create as many petitions as I wanted to.

The website also claims that anyone who is over the age of 13 can start their own petition. If people are petitioning to have the right to responsible, legal use of marijuana it doesn't help your cause if your petition can be signed by 13-year-olds. If they had this when I was 13, I probably would have started a petition to get the original Guns N Roses line up back together.

I want pot to be legal and aliens to be real as much as the next guy. But simply filling out an online petition does nothing. It's actually quite lazy. If you really want to be seen as well as heard, start a real petition — the kind where you go door to door or stand in a park all day and gather real signatures from real citizens.

Start a letter-writing campaign to let elected officials know what their constituents really want. Better yet, start a peaceful, focused, issue-specific protest so you can have a physical presence and showcase your numbers. Although the intentions behind the "We The People" petitions are good, signing it is pointless. Social change has to be fought for and earned. It can't be accomplished by clicking a link.



Got something that you need to get off your mind? Either email us at threelinesfree@gateway.ualberta.ca, tweet @threelinesfree, or message us at www.thegatewayonline.ca/threelinesfree

Girl in flip flops on campus: You're a fucking idiot. Girl in a short sleeved dress on campus: You're also a fucking idiot. Newsflash! It's winter. You and me are floating on a tidal wave.

we now have snow. the countdown to return of the snow boobs begins! are you ready?

When you play the game of thrones you live or you die.

There's a vampire lecture class?!

Dan Mangan fan girl I would like to stroke his beard

Robots need love too

What's with monogamy? Why can't we all just love each other?

Dear 11am Math114 class. SHUT THE FUCK UP HOLY SHIT.

To the maintenance person or whoever fixed the taps in the Rutherford South men's bathroom, thank you. My dry shirt and pants thank you as well.

I fall in like with every girl wearing winter gloves/hats that look like animals. c: <3

Rush hour at the computer lab: Facebook? Catching up on your TV shows? Using a desktop but not the computer? All lame.

Movember's awesome, but I say, bring on Decembeard! If that works out, we can try Muttonchoptober next year.

I get mad at things!

S.O.S Brigade - Best excuse to wear a bunny costume

3rd floor Cameron. SILENCEEEE. NO group study seshs.

Wanted: One girl I can give everything to, just to see what she would DO with it. (Hopefully something of the space laser variety.)

Doing NaNoWriMo again this year is causing me to seriously question my sanity. Whatever made me think I had the time?

Dumb superpowers Walking toward the bus loop Made your day. Grab drinks?

Dumb-ass first year kids Please reduce your noise levels

When in Cameron slipped and fell in the ice already. I should just give up now

I NEED SCISSORS 61 Really, SUB elevators?

seriously where in the goddamn hell is that musical

Is it just me or does others think too that some professors are sleeping while they teach !!!

Taco tuesday is great but why do I have to put my own salsa on

Influenza + soap = membrane rupture. Influenza + water = viral survival. WASH YOUR HANDS WITH SOAP OR DIE!!

Bracken, on Criminal Minds: "It's this show designed to terrify Americans..."

The CMPUT 114 boy is tired of looking. Come sit next to me and we can code together...any language you like <3.

The Gateway reserves the right to edit any submissions, as well as refuse publication of submission it deems racist, sexist, hateful, libellous or overtly offensive.

Don't Forget to Submit Your Health & Dental Claims from Last Year

Important notice for students who were enrolled in the Health and/or Dental Plan in 2010-2011

DEADLINE FOR SUBMITTING CLAIMS FROM LAST YEAR (for students covered in 2010-2011)

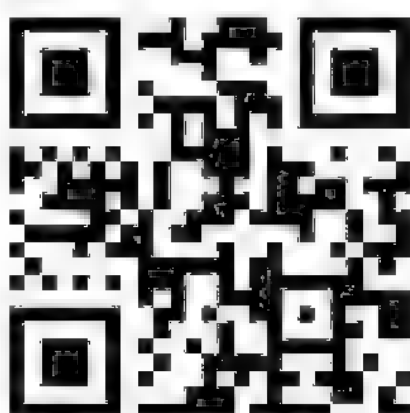
All health and/or dental claims incurred on or before August 31, 2011 (for the 2010-2011 policy year) must be **received** by the insurance company (**Sun Life**) by **November 29, 2011**.

In order to ensure that your claims are transferred by the deadline, they must be **dropped off at the Health & Dental Plan Office (SUB 028, Lower Level) no later than Thursday, November 24, 2011**. If you're mailing claims directly to the insurance company, please leave adequate time for delivery. The address for Sun Life is recorded on the back of all claim forms.

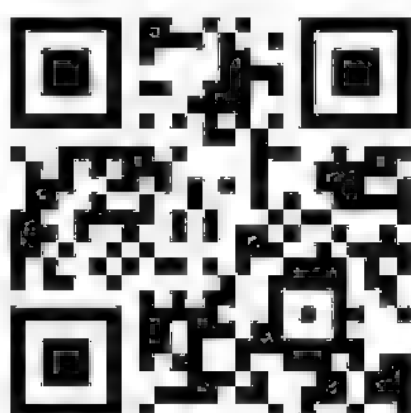
Claims received after the deadline will not be reimbursed.

Claim forms are available at www.ihaveaplan.ca or call the Member Services Centre at 1 866 795-4430 from 9 am to 5 pm on weekdays.

SU



GSA



Have a smart phone with a QR code reader? Scan the appropriate box to be directed your Plan's website.



UNIVERSITY OF ALBERTA
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ihaveaplan.ca

An atheist's creed: self-righteous indignation



Ryan Bromsgrove
OPINION EDITOR

I found the truth, and I'm going to shove it down your throat like it's the most important thing in the world. See, it's not enough for me to keep my spiritual beliefs to myself. No, I have to share them — and by share them, I mean I'm going to try to force you to accept them too.

Every opportunity I have, I'll bring religion into the conversation and demand that you accept and adhere to my belief system — and shun you as a moron who can't admit to himself the truth about the existence of a deity if you don't. Because, my friends, I am an Atheist.

I capitalized that because I'm really into this movement, and I use the word "deity" because it helps me sound smarter. I've watched every YouTubed lecture by Richard Dawkins, read like a whole book about evolution and I've ruthlessly conscripted the corpse of Carl Sagan into my cause because he was just so eloquent. And now I'm ready to show the world how smart I am, starting with whoever's unfortunate enough to mention anything even remotely connected to religion in any way whatsoever. I have a talent for twisting conversations into whatever I want them to be.

Why, just last week I overheard two people talking about the discovery of a star spinning at 600 kilometres

per second. "Haha, yes," I chimed in uninvited, "what marvels science hath brought. Not like religion. Pah! To think that people actually believe that the world was created by a deity 6,000 years ago while this star is probably billions of years old!. The very thought!"

One of them must have been a believer because he looked at me like I was Satan himself — who also doesn't exist, by the way — for having interrupted them. I laughed and merrily trotted on, confident that I had planted the seed of science within his close-minded brain. Ah yes, it would only be a matter of time before he would accept the inevitable truth.

I resumed my post-graduate-level explanation of the Euthyphro Dilemma, enlightening both my peers and my professor.

But if you don't yet understand how important it is for me to let everybody know how smart I am for not believing in a deity, allow me to submit to you a second anecdote. Later that day I was in my Philosophy 101 class, happily pointing out to the professor all of the inconsistencies with a deity-based moral system while everyone listened in awe, when somebody from the back of the class dared suggest that atheism was just another religion.

I near exploded in rage.

"Good madam," I began, containing my apocalyptic anger through sheer force of human will, "to suggest that the atheistic worldview is merely another religious system is absolutely misguided. First, atheism contains no faith-based claims and is always open to intellectual criticism. Second, you are silly for believing in deities."

The entire class sat in stunned silence, and I resumed my post-graduate-level explanation of the Euthyphro Dilemma, enlightening both my peers and my professor. Plato himself would have been impressed by the subtle intricacies I unearthed.

Finally, I told people on my Facebook about both incidents that day, and I know that I'm correct in my methods because I met with such a warm acceptance amongst my friends.

Now, yes, it is true that there is a selection bias, for I have added every online atheist I can find. Also, I have systematically checked the religious beliefs section in the profile of everybody who's added me, and have unceremoniously purged all those who have indicated that they profess belief in any supernatural claims.

I sincerely hope that I have convinced you, dear reader, of my vast intellect. In time, perhaps even you can attain such enlightenment. But never fear, I shall always be lurking the halls of academia, waiting to derail any and every conversation I can into an appreciation of how smart I am for having realized how miniscule the chances are of there being a deity. Hopefully, next time, my victim is you.

LETTERS • CONTINUED FROM PAGE 9

I learn so much more from my peers than some of my profs. And when you think about it, in a class of, lets say, 50, there is quite a bit of creativity that could come from 50 brains, as opposed to the prof's one brain.

This is not to undermine our professors expertise — not at all. But at times these researchers seem so stuck in their research mode they fail to think in a creative manner. The only prof I've experienced who has fully embraced this is Michael MacDonald. In fact, he introduced it to me and got me thinking. In his class he stressed that the classroom should be a workshop for learning. A place where we are the producers of our knowledge, facilitated by the teacher. He also spoke to the way classrooms are set up — in a manner that emphasizes the teacher's authority. Yes the teacher has some authority, but should this really be the emphasis in this day and age? I think we need to restructure our classrooms.

A little bit of this is done in the 400-level courses, but I think this trend needs to descend down to even 200-level courses to get some real learning done.

U of A is a research-based institution — fabulous. Maybe we should research better ways of teaching too.

Chakanaka Zinyemba
ARTS IV

K97 billboard actually was objectification

(Re: "K97 billboard ad nothing worth complaining about," by Darcy Ropchan, Nov. 2)

After first viewing the K97 billboards, even as a man, I could see

the brazen sexism being portrayed. Therefore, after reading Darcy Ropchan's piece about the billboard ad, I was both dumbfounded by his insensitivity and generally uneducated analysis. What became blatantly clear after reading his piece was his complete misunderstanding of the issue at hand. He makes the claim that these billboards, which were deemed by the ASC as "totally gratuitous and served only to objectify women," were taken down simply because of nudity.

This is where his argument shows an utter lack of comprehension about the issue at hand. The close-up of the woman's breasts shows no nudity whatsoever. This billboard is sexist and objectifies women simply because it does, in fact, make women an object. Perhaps the term "objectifying women" gets tossed around too much and has lost its true meaning. The term is often heard as a phrase thrown out when something is perceived as sexist.

This phrase however is overwhelmingly explicit in the K97 billboard. The close-up photo shows no full body image and more importantly no face, thus reducing this woman to a pair of breasts, and not a person. The caption "pray for more rain" further emphasizes this objectification by sexualizing the breasts with the association of a wet white T-shirt. The clear objectification of this billboard versus K97's previous billboards, with the talk show hosts covered in coconuts, shows the difference between the two and the acceptability of the latter. Comparing this ad to the Oil City Roadhouse ads again misses the mark. One can make a claim that the Oil City ads are in fact sexist, but the clear objectification and reduction of women is not as prevalent.

What disturbs me the most about

Mr. Ropchan's comment is his belief that these messages have no impact on viewers if they choose to 'ignore' them. I believe it's well known that images and messages portrayed in the media have a huge impact on the thoughts and beliefs of viewers. This public display of objectification further to perpetuate the patriarchal sexist ideologies our society operates in and denigrates the work of feminists. It becomes clear that Mr. Ropchan's piece is in its very nature sexist, and I believe this shows a failure of policy enforcement by *The Gateway* for publishing such an opinion article. Mr. Ropchan's uneducated and insensitive beliefs hopefully come from his lack of knowledge about gender and women's rights. I suggest for future reference if an opinion editor decides to publish a piece about sexism or women's rights, they should have an adequate understanding about the issue at hand.

I'd like to ask all readers one last question: Do you believe in equality, dignity and respect for all women? Yes? Then you are a feminist too, so start acting like one.

Davis Levine
ARTS IV

Letters to the editor should be sent to letters@gateway.ualberta.ca (no attachments, please).

The Gateway reserves the right to edit letters for length and clarity, and to refuse publication of any letter it deems racist, sexist, libellous, or otherwise hateful in nature. The Gateway also reserves the right to publish letters online.

Letters to the editor should be no longer than 350 words, and should include the author's name, program, year of study, and student ID number to be considered for publication.

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DOGS OF THE WORLD

November 14 - 18

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Department of Oncology

Graduate Program

OPEN HOUSE/CANCER RESEARCH

Friday, November 18, 2011, 1:00-4:30 p.m.
Room 2279, [Michael J. Hutchison Seminar Room]
2nd Floor, Cross Cancer Institute
11560 University Avenue, Edmonton, AB




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Have you ever thought of doing graduate studies in cancer research?

The Department of Oncology, located at the Cross Cancer Institute is hosting an Open House for all undergraduate students interested in pursuing graduate studies in cancer research at the University of Alberta.

Come and meet prospective supervisors and graduate students currently conducting cancer research.



Tours of the facilities will be available.

For more information about the graduate program, contact
Cathy Walsh at gradinfo.oncology@albertahealthservices.ca or
cell (780) 577-8083



THERE AREN'T ENOUGH HOURS IN THE DAY. WITH WORK, CLASS AND EVERYTHING ELSE WE WANT TO GET ACCOMPLISHED, LIFE FEELS LIKE A NEVER-ENDING FIGHT AGAINST THE CLOCK...

But there is another way. If you're finding the day is too short, stop adhering to societal norms based on the cycle of light and dark. Instead, you can divide the week's 168 hours into six equal 28-hour days. With four additional hours every day, that's more time to write papers and do research — or more time to hang out with friends and play video games.

There are scattered tales across the internet from people who've given this a try for various reasons. Some enjoy the novelty of watching the world across all times of day, while others want to work during longer periods across fewer days, maximizing free time.

I had to find out if it was worth it. I thought I would give this crazy 20-hour day a try. Sleeping eight hours at a time works out to 48 hours of sleep in a week, equivalent to just less than seven hours of sleep per night in a seven day week — which isn't too different from the amount many people get in practice.

I took advantage of a long weekend, worked out a schedule, and got myself ready for six long days.

DAY ONE — TUESDAY AT 10 A.M. UNTIL WEDNESDAY AT 6 A.M.

The first day was the easiest. Staying up for 20 hours on a single day is no big deal. The only unusual thing was that having already had what I understood to be dinner at around 8 p.m., I forgot to eat anymore — but by the time I felt hungry, around 4 a.m., I was too tired to want to cook anything. Putting more thought into meals was definitely going to be a concern moving forward.

DAY TWO — WEDNESDAY AT 2 P.M. UNTIL THURSDAY AT 10 A.M.

When I woke up, I had a minor headache but wasn't particularly tired. While 2 p.m. seems like an absurdly late time to wake up, it's nothing I wasn't familiar with after summers of working evenings.

I spent my morning doing my usual Wednesday afternoon things, and then, it was time for lunch — at my sister's birthday party. I was feeling mostly fine when I left at around 9 p.m., but by 3 a.m. I was feeling

pretty spaced out, and at 8 a.m., when daylight came, I was completely exhausted. My muscles were aching, I desperately wanted to sleep and it already felt like the party had been yesterday. I soldiered through the last two hours, but it hardly seemed like the bonus time the 28-hour day system promised.

DAY THREE — THURSDAY AT 6 P.M. UNTIL FRIDAY AT 2 P.M.

Waking up in darkness now, I felt somewhat tired. But while I knew I could go to sleep anytime I lay down and closed my eyes, I felt much better than I did the previous night. After a short trip to the grocery store to avoid having to eat instant noodles for two days straight, I realized there was nothing I had to do. Too tired to seek out friends, I resigned myself to spending the day alone.

I realized, at some point, that I would be transitioning from Thursday to Friday during this day, and I had some business in the outside, daytime world. When approaching Grandin LRT station, I suddenly heard some loud noises from nearby. Momentarily confused, I then realized it was 11 a.m. on Nov. 11, and it was probably from a remembrance service. While not as tired now as I was at hour 18 the previous day, I had completely lost all concept of what daylight meant and what time it was supposed to be for me.

DAY FOUR — FRIDAY AT 10 P.M. UNTIL SATURDAY AT 6 P.M.

There are ways to maximize the amount of daylight in the latter half of the six-day week, and that's what I did. But in doing so, you sacrifice any hope of going out to bars. I woke up at 10 p.m., and while this is prime time to get your drink on, I was instead frying up an omelette.

The day before it had seemed like my body was almost fully adjusting to the schedule, but today that was definitely not the case. Right after waking up, I could tell that the accumulated sleep deprivation was becoming unmanageable. Occasionally, I caught myself staring into space for minutes at a time.

Around 5 a.m. I decided to walk over to McDonalds for lunch — and some fresh air.

The streets were completely empty save one drunk cowboy stumbling through the freshly-fallen snow, and I was feeling better. But after returning home, the exhaustion returned. Finally, at around 10 a.m. I gave up and took a two-hour nap. I felt much more awake and alert afterward though still too tired to really do anything. When I went to bed at 6 p.m., I was happy to be sleeping during darkness again.

DAY FIVE — SUNDAY AT 2 A.M. UNTIL SUNDAY AT 10 P.M.

The first almost-normal day in a while, and it was time to get back to work. Apparently Day Four's nap helped out a lot, because when I pulled myself out of bed, I felt more refreshed than the previous days. I still had that background tiredness, but the physical exhaustion and muscle aches had disappeared. Between 3 a.m. and 8 a.m. I was able to get through a fair amount of work relatively undistracted. With no friends updating Facebook and Twitter, no text messages and nobody online to talk to, I was able to concentrate and stay focused.

And then here, finally, came the benefit of the long day. After finishing work, I still had 14 hours left to relax and didn't find myself particularly tired until 7 p.m., and even then, it wasn't bad enough that it prevented me from doing anything. Given the mid-week nap's effect, I was beginning to suspect that 19 hours awake and nine asleep per day might have worked out better. With one day left, I decided to give it a shot.

DAY SIX — 7 A.M. MONDAY UNTIL 2 A.M. TUESDAY

The extra hour of sleep didn't help much, probably because I still had so much to catch up on. But I was at least waking up now on the cusp of dawn, and so it was finally a normal day as far as daylight was concerned. Returning to the normal daylight cycle marked the full six-day rotation. Thursday, Friday and Saturday had sort of melded into the same day back there, but Sunday was surely Sunday and today was definitely Monday. Though I had a day of work ahead, I'd made it through gruelling part of the six-day week. Besides still feeling generally

tired, nothing was particularly confusing or difficult any more.

CONCLUSION

There are many downsides to the 28-hour, six-day week. You have to deal with the disconnect from the real world. But once you forget about daylight and start thinking more in terms of "hour one," things do start to make a little more sense. There's still the issue of your memory of the day seeming distorted, and while it's weird to think that you had breakfast 18 hours ago when the sun was setting, it's not a huge deal.

Even if you get over the confusion, you'll then have to find activities to fill those extra hours with. I had one or two extremely productive periods during the week, but I spent the bulk of it too tired to do much other than entertain myself and simply endure the schedule. Of course that could be overcome by a combination of motivation and opting for slightly longer nights and shorter days, if you need them. And you might not, as I did find myself adapting slightly better at the tail end of the week.

The major problem is that you are alone in your new schedule. If you want to hang out with friends, you'll find it difficult to arrange. And unless you're setting your own work hours, it's not going to be easy.

Assuming that you have such a job, you're a social recluse and you're able to find a sleep-to-awake ratio that works, there are some benefits. By committing to staying awake for a longer chunk of time, you can fully immerse yourself in activities for extended periods, whether work or play, and still have plenty of time left in the day when you're done.

While the 28-hour day doesn't increase the number of hours available to you per week, it does give more of them to you at a time. If you find that you work better when you fully commit yourself to a task for long periods of time, you might find it useful. If you want to throw a full eight hours at a paper and get the whole thing over with in one sitting, you can do so and still have time left. Given the chance, I might try it again sometime with 19 and nine — but not until I sleep for a day to catch up.

Arts & Culture

Arts & Culture Editor

Madeline Smith

Phone

780.492.7052

Email

arts@gateway.ualberta.ca

Volunteer

A&C meetings Wednesdays at 4 p.m. in 3-04 SUB.

social intercourse

COMPILED BY **Alana Willerton**

IKES TO SNUGGLE WHILE SHE EATS

Carly Rae Jepsen

With Matt Web

Thursday, Nov. 17 at 7 p.m.

Avenue Theatre (9030–118 Ave.)

\$16.50 at yeglive.ca

Carly Rae Jepsen has slowly but surely worked her way onto the Canadian music scene, first as a singer-songwriter and now as a pop artist. With the change in her sound influenced by time spent touring with Canadian pop-punk band Mariana's Trench over the last two years, Jepsen has started the journey to cement herself as bona fide pop star. She'll be hitting Edmonton to show off some of her new material, which includes catchy collaborations with her friends in Mariana's Trench.

Feist

With Bry Webb

Sunday, Nov. 20 at 8 p.m.

Jubilee Auditorium (11455–87 Ave.)

\$52.40 at ticketmaster.ca

It's been a long four years since Feist's hit song "1 2 3 4" first took over our television sets through an iPod Nano commercial in 2007, and fans have been anxiously awaiting her next release ever since. Their patience was rewarded with the release of *Metals* last month, which showed Feist at the top of her game. While a slightly more sombre recording, *Metals* is nonetheless a brilliant addition to Feist's discography that might just be one of the most important albums of the year.

Lights

With Nightbox

Thursday, Nov. 17 at 7 p.m.

Edmonton Event Centre (8882–170 St.)

\$38.50 at ticketmaster.ca

Canada's own electro-pop darling Lights has been a powerhouse presence in the Canadian music scene since the release of her first album *The Listening*. Her career has taken off, and she's spent time touring with everyone from Owl City to Jeremy Fisher. Now joining the very long list of people releasing another album just in time for winter, her latest record *Siberia* features more of her signature sugary sweet sound that made her such a hit in the first place.

The Twilight Saga: Breaking Dawn – Part 1

Written by Stephenie Meyer

Directed by Bill Condon

Starring Kristen Stewart, Robert Pattinson

and Taylor Lautner

Opens Friday, Nov. 18

It's finally here: The beginning of the end of the infamous *Twilight* Saga. For the past few years we've grimaced through the story of Bella Swan (Kristen Stewart), her vampire boyfriend Edward Cullen (Robert Pattinson) and jilted werewolf friend Jacob Black (Taylor Lautner) as they made their way onto the big screen. While considered a cringe-worthy experience for most, I'm willing to bet there are still a few closet *Twilight* fans out there dying to catch their favourite love triangle on the big screen one more time — even if they won't admit it. So whether you're on Team Edward or Team Jacob, don't miss out on one of the last chances to indulge in the guilty pleasure that is the *Twilight* Saga.



A new breed of Canadian content

Toronto-based trio Austra make their own mark on the country's music scene with dark electronic sounds

MUSIC PREVIEW

Austra

WITH Tasseomancy and Young Galaxy

WHEN Friday, Nov. 18 at 8 p.m.

WHERE Brixx Bar and Grill (10030 102 St.)

HOW MUCH \$21 at Blackbyrd or
primeboxoffice.com

Chris Gee

ARTS & CULTURE STAFF ■ @CHRISGGGGG

A darkly theatrical yet danceable sound is a rare find — especially in the Canadian music scene. And it's this theatrical quality that's getting Toronto-based three-piece Austra national attention with their brooding debut album, *Feel It Break*.

Lead singer Katie Stelmanis was a musically-gifted youth: an operatically-trained vocalist who sang with the Canadian Children's Opera when she was just 10 years old, while at the same time learning to play the violin and piano. Now performing in Austra with drummer Maya Postepksi and bassist Dorian Wolf, she says the band provides an outlet for her newfound passion for electronic music, a natural progression from her classical background.

"With electronic music, it's like you can use any sound and make these very dense arrangements. You can use synthesized violins or orchestral cellos — whatever you want — paired with any kind of drum beat in the world," Stelmanis says. "Coming out of classical, I just couldn't do what I wanted on the guitar or on one single instrument. I needed to have the flexibility of having an electronic arrangement, and it just appealed to me immediately."

Although the album may seem like a pure dance record, *Feel It Break* is articulate and precise, much like the classical music Stelmanis grew up with. In place of the swoon of a live string section, warm synthesizers flourish and twinkle over a shadowy minor key buzz. Stelmanis adds fragile piano cues that match the angular combination of synth pads over Postepksi's live snare

drum and high hat. The end result is a moody composition that shifts from the bedroom to the dance floor in a surprisingly cohesive way.

Several of the songs on *Feel It Break* are independent projects for Stelmanis, written on her keyboard or midi controller and later refurbished to fit Austra's more danceable direction. Ultimately, the changes made to the songs provide a more intimate connection with the band's audience.

"We go more towards the dance party vibe, but in general for most electronic bands, it's pretty hard to make that transition from the computer to the stage while maintaining the esthetic of the music that you're writing," Stelmanis explains. "For us, it took a long time. We were playing to a background track, but then we didn't feel like the show was dynamic enough — there wasn't enough live instrumentation. We've got a pretty good balance right now: we have keyboards, live bass, live drums and we still play to a backing track."

"We've been writing music and making songs specifically catered to a live audience. We wanted to connect with people in a physical way — and that's by bumping up the drums and the bass."

KATIE STELMANIS
VOCALIST, AUSTRALIA

"We've been writing music and making songs specifically catered to a live audience," she continues. "We wanted to connect with people in a physical way — and that's by bumping up the drums and the bass."

Perhaps the most defining characteristic of Austra comes from Stelmanis' powerful, shimmering voice, an instrument in its own right. The result is a delicate and sometimes haunting sound that sets Austra apart from most female-fronted bands. But as Stelmanis explains, it took her a while to get used to singing in a more conventional sense.

"My voice was the hardest thing to transition," she says. "I didn't really know how to sing 'not classically.' I was really into studying opera — I was obsessed with opera, and I progressed quite far by performing opera ... It took me at least three or four years to have my voice in a place that I felt comfortable with. There was a lot of push and pull and a lot of awkward middle ground."

The complexities and vocal nuances in Austra's music represent new territory in the Canadian music scene, more accustomed to folk or rock acts with a guitar, bass and drums set-up. This is a vast contrast to Stelmanis' direct lyrical content paired with the rest of the band's dark and shimmering electronics.

"I definitely don't think we sound like a Canadian band," Stelmanis asserts. "Canada has kind of a definitive sound, and that's shaped by the blogs and the radio stations that support it. (Canada) likes to push towards the folk, rock, pop genre a lot, and if you don't fit into that, then it's like you don't really fit into the Canadian sound. There are lots of bands, there are lots of amazing acts, lots of people making music that don't really fit into any of those categories. But it's hard for them to navigate the Canadian infrastructure because it's not really geared towards that."

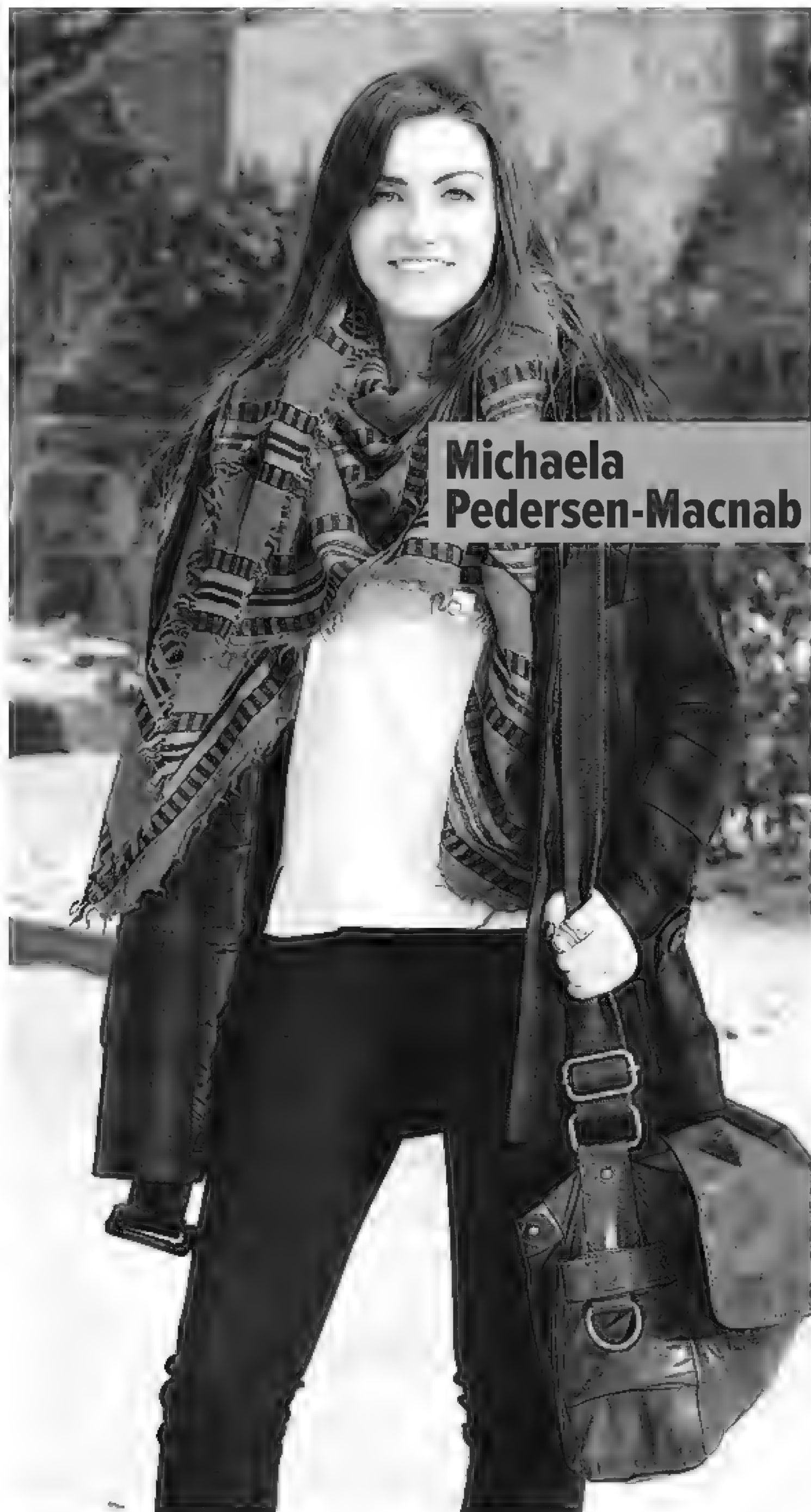
While Austra may not seem to fit into the mould of our country's expected sound, their contribution to the diversity of Canada's music community represents some of the variety that exist just beneath the surface. Despite Stelmanis' skepticism about Austra's place in the Canadian music scene, some of that variety will be on display when her band arrives in Edmonton, as Austra kicks off a marathon weekend of big-name Canadian talent for the city, with reunited duo Death From Above 1979 and indie-folk queen Feist also playing shows here.

"It's interesting that (those bands) attract the same crowd, because all three of those bands are drastically different. Other than the fact that we're all Canadian, I would have never put Death From Above and Feist in the same category, and I don't think I would put myself in the category with those bands either," she says.

"It shows Canada actually does have a diverse sound — there are a lot of people making different types of music."

fashion streeters

Julianne Dantley



**Michaela
Pedersen-Macnab**

GATEWAY: Describe what you're wearing.

MICHAELA: I'm wearing black boots from Town shoes, a plaid winter jacket from Colourblind, a big thick wool scarf from Aritzia and a men's bag. My earrings are from Groove Stone and they are real Canadian duck feathers. My t-shirt is from Aritzia and I bought my pants at High Grade. They're Citizens of Humanity.

GATEWAY: What's your favourite thing you have on?

MICHAELA: My fair trade ring — I'm really into fair trade. I bought it from a woman who's an artist from India.



Check out thegatewayonline.ca/fashionstreeters for more photos.



Caped Crusader crushes resistance in Arkham City

GAME REVIEW

Batman: Arkham City

DEVELOPER Rocksteady Studios
PUBLISHER Warner Bros. Interactive Entertainment
PLATFORM PS3 and Xbox 360

Kory Orban

ARTS & CULTURE STAFF

Batman is arguably the most badass superhero of all time. Smooth-talking billionaire by day, by night he's a powerful anti-hero tasked with protecting the citizens of Gotham City from a cast of colourful and disturbing villains. The world the Dark Knight inhabits is perfect fodder for a video game, and *Batman: Arkham City* is the perfect video game incarnation of that world.

The game puts a *Grand Theft Auto*-like spin on the Batman universe. Playing as the Caped Crusader himself, a gamer rolls around the world of Arkham City, a newly-established suburb of Gotham, keeping an eye out for trouble. But Arkham City is

more than just a new addition to the city: it's home to all the crazies and convicts previously incarcerated in Arkham Asylum and Blackgate Penitentiary. Within the partitioned confines of Arkham City, players are free to partake in the main storyline's primary missions, enjoy the digressions of side missions or just engage in random fights with the criminals patrolling the streets of Arkham City.

The game's storyline masterfully incorporates all of Batman's super villain enemies, from the Penguin to Ra's al Ghul, and they look great, with all the sophistication and detailing of a modern-day comic book. From the wrinkles in the Joker's smiling face to the technical components of Dr. Freeze's suit, the graphics are stunning. This attention to detail is apparent in every dark element throughout the game, and it goes a long way to create the richly dark world the Batman franchise demands.

Encased in that world is a plethora of costumed misfits and supervillain henchmen just asking to have their asses handed to them by the Dark Knight, and there's ample opportunity to oblige them. *Arkham City's*

combat is smooth and artful, with Batman flipping and flying through the air like an ass-kicking acrobat. While the fighting component of the game sometimes feels a little too much like mashing buttons until the bad guy falls down, with very little room to incorporate strategy into attacks, it still looks terrific and somehow manages to be intensely addicting.

But by far the most fun part of the fight lies in the subtlety: hiding in the shadows to unexpectedly pounce on Arkham City's boogymen — sneak attacks that are only fitting for the world of Batman. The game also remains loyal to the Batman mystique with a cornucopia of puzzles and detective work elements. Just moving around the map requires some keen deduction, seeking out hidden doors and knocking down walls to get where you need to go. Plus, to get around the infamous Riddler, you're going to have to use your noggin.

Whether you're a diehard Batman fan or just a casual gamer, *Batman: Arkham City* won't disappoint — it undoubtedly deserves all of the critical acclaim and fanfare it's received so far. Play this game — the fate of Gotham City depends on it.

ALBUM REVIEW



Ohbijou Metal Meets

Last Gang
ohbijou.com

Peggy Jankovic

ARTS & CULTURE WRITER • @PEGGHETTI

Ohbijou, known for their orchestral sound and lead singer Casey Mecija's honeyed vocals, takes a mature turn on their third album. Characterized by a newfound appreciation for experimentation, embellished textures and increased collaborative effort within the band, *Metal Meets* distinguishes itself in its encompassing esthetic. From the first track, the aptly-named "Niagara," the album presents a waterfall of

complex sound and meticulous detail.

With songs dragging on for four and a half minutes apiece, *Metal Meets* certainly has the potential to drag itself down with bloated compositions. However, Ohbijou succeeds in creating dynamic epics. "Slingo" is especially lively, and despite its length, it's also an incredibly well-constructed track. From a weeping violin over a soft bassline, the song progresses to

urgent, pounding drums under Mecija's cry of "I know you're more than this / Much more than all of this."

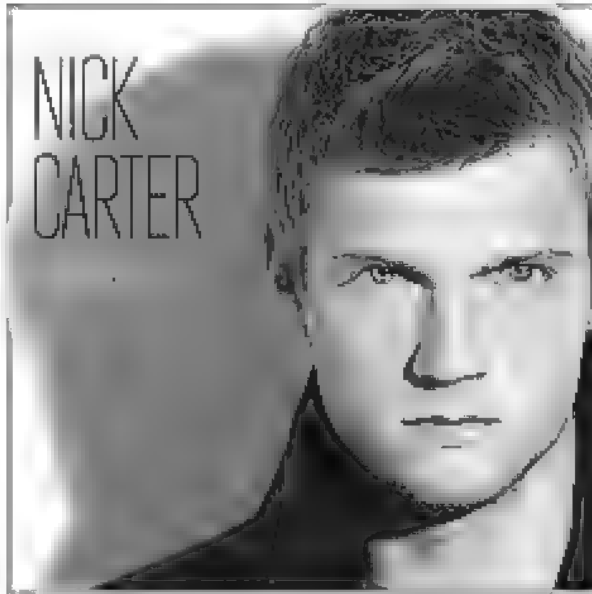
"Iron and Ore" is a lively, fantastical track, with a shimmering music-box-like melody providing the perfect accent to violinist Jenny Mecija's vocal debut. The band's attempts at more succinct tracks are less successful: in particular, "Echo Bay" seems unmoving and bland. "Anser," one of the album's singles, benefits from band member Ryan Carley's harmonies complementing Mecija's delicate, lilting vocals. This coupling is a first for the band, though unfortunately the song's overall attempt at a swelling, majestic sound founders.

An impressive collection of carefully crafted recordings, *Metal Meets* marks Ohbijou's progression as a band, with a clear potential to take their sound to new heights.

ALBUM BATTLE



Selena Gomez
When the Sun Goes Down
Hollywood
selenagomez.com



Nick Carter
I'm Taking Off
Sony BMG
nickcarter.net

Peggy Jankovic
ARTS & CULTURE WRITER • @PEGGHETTI

The plan: pick two albums and pit them against each other in a gruesome deathmatch until a victor emerges.

Selena Gomez and Nick Carter represent two very different eras of tween pop music obsession. But when the former boy band heartthrob and the fresh-faced Disney pop-tart square off, who will take home the eternal bragging rights for sugary pop music superiority?

Cover Art

Selena Gomez: Gomez goes old-Hollywood this time around, which certainly shows some degree of maturity compared to the glittery, tween girl quality of her last two albums. Still, considering that Gomez was born 70 years after the jazz age, her attempt at classic glamour comes off as fabricated.

Nick Carter: Carter keeps it simple: the cover art is simply a crisp shoulders-up portrait, with enough of a shadow to show that he's totally a deep guy.

Advantage: Carter takes the lead. Sure, his heyday as a teen dreamboat may have been more than a decade ago, but he knows that he's still got those piercing blue eyes.

Chart Performance

Gomez: Debuting at #4, *When the Sun Goes Down* peaked at a notable #3 on the U.S. Billboard 200 and #2 on the Canadian Albums Chart.

Carter: *I'm Taking Off* was released

only on iTunes and Amazon.com mp3 in the US, thus failed to chart on Billboard at all, though it reached #14 on the iTunes Pop charts. The album was first released in Japan where it reached a peak position of #8.

Advantage: Normally, when real artistic merit is involved, such a criterion shouldn't be considered, but there's no denying these albums weren't produced as ambitious, inventive endeavours. Both Gomez and Carter were aiming to create crowd-pleasing hits, and Gomez won out this time. Carter may have been the superior hit-maker as a Backstreet Boy, but his solo act lacks that boy-band momentum.

Best-Worst Lyrics

Gomez: The title track opens with "Been a long day / Waiting for the night to come / I check my iPhone / Let me see what's going on." Name-dropping today's relevant technology might seem relatable and current now, but once enough time passes these outdated references will take on new layers of humour (See: Sir Mix-a-Lot's 1989 ode to playas and their beepers: "Pagers, call 'em what you want / Some brothers wear fake ones, still tryin' to flaunt.")

Carter: When Carter sings "Footprints on the sand / Hear the ocean crash / Underneath the moon / Walking hand in hand," he's doing so without an ounce of irony, which makes the clichéd romanticism of "Special" all the more hilarious.

Advantage: Without a doubt, Carter's overdone courtship earns him the point.

Best Guest Stars

Gomez: Gomez was only involved in the writing on two tracks, leaving the rest entirely up to songwriters and producers — as well as Britney Spears and Katy Perry.

Carter: The only "featured" artist on the album is Britton "Briddy" Shaw on "Burning Up," who is still an obvious nobody at fewer than 1,000 Twitter followers.

Advantage: Gomez, naturally. Seriously, does anyone know who Briddy is?

Standout Track

Gomez: The album's lead single "Who Says" is a girl-power anthem, though undoubtedly a perfect self-esteem boost to anyone. Indeed, "Who says you're not worth it?"

Carter: "Burning Up" may be *I'm Taking Off*'s most energetic affair, but it seems more in the vein of Pitbull or a post-"I Like It" Enrique Iglesias than something from a Backstreet Boy. Unless, of course, such lyrics as "So everybody that is hot / Just cool off here and just take a shot" are actually a parody of today's Top 40 hits.

Advantage: The world already has one Pitbull too many, so Gomez automatically merits this tie-breaking point.

Verdict

Gomez wins in this battle between tween heartthrobs of the past and present. Sorry Carter, but you just can't compete with the pure star power of Gomez's Disney empire. Your time has come and gone, and it hardly makes sense to say that you're just now "Taking Off."

almost sludge-like feel. With Sitek's bass lines and electronic influence combined with the classic Jane's Addiction style, the album takes on a distinct and modern sound. The new sound is a clear move away from the upbeat, playful songs that characterized their early work and made them so popular in the Seattle scene in the late '80s.

The Great Escape Artist creates a revitalizing sound for Jane's Addiction. With a career spanning more than two decades, they're still a band willing to change with the musical landscape. Their latest effort is a solid album that demonstrates an ability to embrace change while still retaining their own musical character.

is like a whispered bedtime story.

Unfortunately, while the songs seem attractive at first, they quickly become tiresome. The constant mention of love actually becomes irritating: Cohen is trying a little too hard to be romantic. The song "Beautiful" is the worst offender, with a chorus including the line, "Thank you for being so beautiful." Cohen should know finding a way into a woman's heart is a delicate art and can easily get awkward if it's done wrong — he obviously has some difficulty being smooth, despite how hard he tries.

Cohen still has the potential to be a very respectable artist, but his desperation to portray himself as the "sensitive" guy only hurts him in the end. While he's grown up, he may not have quite reached manhood.

ALBUM REVIEW



Jane's Addiction
The Great Escape Artist
Capitol Records
janesaddiction.com

Justin Andrade
ARTS & CULTURE WRITER

The year 2011 has been good for alternative rock. Pearl Jam and Nirvana are celebrating 20-year anniversaries for big albums, disillusioned college graduates are protesting on Wall Street and alt-rockers Jane's Addiction have a brand new album: *The Great Escape Artist*. After eight years,

Jane's Addiction is finally back with a sleek new album to make your post-grunge heart weep tears of joy.

The Great Escape Artist marks a major change in the band's musical style. With David Sitek of TV on the Radio providing creative input, the tracks have a much darker, heavier,

ALBUM REVIEW



Adam Cohen
Like a Man
Cooking Vinyl
adamcohen.com

Katherine Speur
ARTS & CULTURE WRITER • @KATHERINESPEUR

The man that considers himself the wayward Cohen son is finally growing up on his album *Like a Man*. Adam Cohen takes obvious lyrical and musical influences from his famous father Leonard, but he proves now he's an artist in his own right, with a new, more mature sound. While his music was once a staple of '90s teen television dramas, that era is now over.

Like a Man is mostly composed of soft and relaxing acoustics, with a lulling sense of calm. The instrumentals contribute to the tranquility of his songs, but his voice tends to overpower everything, which spoils the overall effect. But the album is still well-suited to listening in bed as you drift off to sleep: Cohen is a musical storyteller, and listening to his music



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"Hormones racing at the speed of light
But that don't mean it's gonna be tonight
Baby, baby baby
Oh, my body's saying let's go
Oh, but my heart is saying no, no"

-CHRISTINA AGUILERA
"GENIE IN A BOTTLE" (1999)

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Jill Barber follows the call of the language of love



SUPPLIED: IVAN OTIS

MUSIC PREVIEW

Jill Barber

WHEN Tuesday, Nov. 22 at 8 p.m.

WHERE Myer Horowitz Theatre (SUB)

HOW MUCH \$31.50 at primeboxoffice.com

Alana Willerton
ARTS & CULTURE STAFF • @ALANAWILLERTON

There's no denying that Jill Barber's life directly reflects her music. A romantic at heart, Barber's music is a collection of years of love songs, a theme that's found its way into her real life. True to her music, Barber follows her heart around the country. Having moved from coast to coast for the love of a man, Barber knows what she's talking about when she sings about being swept off her feet or falling under love's spell. "I would say love and romance are in the driver's seat — they always have been," Barber muses. "I've always been a romantic and I've always let my heart lead the way."

"I like to think of my records as different chapters in the book of my life. I want them to take listeners somewhere new and different."

JILL BARBER

Now living in Vancouver with her husband, CBC Radio 3 personality Grant Lawrence, you might think that Barber's romantic journey has finally found its happy ending. But professionally, Barber still finds plenty to keep her busy. Her most recent recording, *Mischievous Moon*, marks her fourth album of love songs. Despite the recurring theme within her music, Barber's sound has made a subtle but noticeable progression over the years, starting off with the singer-songwriter vibe of her debut *Oh Heart*

and transitioning to a distinct jazz sound on *Mischievous Moon*. "I like to think of my records as different chapters in the book of my life. I want them all to sound different and I want them to take listeners somewhere new and different," Barber explains. "I welcome the change and the evolution — I think it's important. "When I listen back to my early recordings, I really hear a girl. I guess I like to think that this record is more womanly somehow. I don't really keep a diary, so it's nice to have these records as albums of my life so I can see where I was when I wrote them." And while her love for her family and life experiences are a driving factor behind her inspiration, her fans are quite another. Until recently, Barber was an Anglophone and French Immersion dropout. But inspired by the devotion of her listeners in Quebec, Barber decided to learn French. The result was the release of her first French single, "Dis-Moi," a translation of *Mischievous Moon*'s first single "Tell Me." "I was playing more and more in Quebec, so I had a friend translate one of my songs into French and I sang it at this show in the Montreal Jazz Fest," says Barber. "I had such an encouraging response from the audience that something changed in me. I made this declaration to the audience and vow to myself that I would learn French and that I would get French back." Barber plans to travel to France in January for another tour, aiming to write new songs in the language rather than just translating her old ones. She hopes to incorporate more French songs in future albums, much to the delight of her Francophone audience. But no matter what direction her heart takes her songwriting this time around, Barber is open to inspiration. "I feel like it's the easiest thing in the world to make a little bit of effort to speak or sing in French," says Barber. "Francophones just really appreciate it. Maybe not a lot of people do it, but they are just so encouraging. "(In France) I plan to spend the days studying French and spend the nights writing. We'll see what comes of it."

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Troubles in long-distance love

FILM PREVIEW

Like Crazy

WHEN Opens Friday, Nov. 18

WRITTEN BY Drake Doremus and Ben York Jones

DIRECTED BY Drake Doremus

STARRING Anton Yelchin, Felicity Jones and Jennifer Lawrence

Katherine Speur

ARTS & CULTURE WRITER • @KATHERINESPEUR

Love can be almost impossible to define — at once comforting, maddening, intoxicating and mysterious. The romantic drama *Like Crazy* examines the different sides of the constantly changing emotion, letting audiences peer into the dark and confusing lives of two lovers struggling with the challenges of a long distance relationship.

Like Crazy revolves around Anna (Felicity Jones), a British exchange student who falls for Jacob (Anton Yelchin), an aspiring designer, while they both attend school in Los Angeles. Anna and Jacob become hopelessly infatuated with each other. But when Anna's visa expires, she's forced to return to England. The distance between the two lovers begins to have adverse effects on their once intimate relationship,

and constant communication barriers eventually lead Jacob to seek companionship with Sam (Jennifer Lawrence), while Anna also looks for company elsewhere during their time apart.

While the film clings on to the idea of 'true love,' it also reveals all the troubles and demands associated with it. No matter how strong the connection is between Anna and Jacob, their distance from each other creates a sense of tension and uncertainty, showing how difficult it is to be completely faithful and devoted under such difficult circumstances.

"I think (the movie) is trying to be as honest as possible about what it's like to be in a long distance relationship," Jones says. "It doesn't try to over-sentimentalize the characters or the story. It's trying to interrogate what it's like to be in a relationship rather than resorting to clichés."

Instead of materializing into the simplistic happy ending of typical film romance, *Like Crazy* creates a realistic emotional balance. The genuine performances stem from director Drake Doremus' decision to use improvisation rather than a script for the majority of the acting in the film. While Jones and Yelchin were both unfamiliar with the unconventional performance approach, it ultimately gives the movie a deeper sense of

sincerity.

"Preparation is vital for something like this because it was improvised," Jones says. "So you have to make sure you have a very clear understanding of who the character is and their journey ... it's partly makeup and hair, and then just finding the clues in the script: why the person is behaving the way they are."

"Neither one of us have ever done that before," Yelchin adds. "Immediately after the week of rehearsals, we just got to know each other so well and we all wanted to take a risk and make something very honest."

"This is a kind of different experience — it's very intimate, and you disappear into this magical cocoon of improvisation that you have so much freedom in."

With a genuine portrayal of the real difficulties of a relationship, *Like Crazy* lets viewers observe their own romantic connections through the movie's dramatic lens. The tender connection that Jacob and Anna share creates an in-depth examination of the complexities of love, illuminating a small corner of the perplexing emotional experience.

"We've been moved by how many people can actually relate to the story and how many stories they've heard," Yelchin says. "People can go away looking at their own lives and looking at their own sense of love."



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ALBUM REVIEW



Black Tide *Post Mortem*

Interscope
blacktidemusic.com

Ian Phillipchuk

ARTS & CULTURE STAFF • @PROTAGORIST

When a band like Black Tide relies on guitar work as much as they do on *Post Mortem*, it's comforting that they're at least competent and energetic. You might describe them as frenetic and stifling with the relentless speed they hammer on their instruments, but the tight riffs and slower compositions ensure that when you do come up for air, you'll dive right back into Black Tide with gusto — just perhaps not this album.

Apparently puberty is a bitch: now 19 years old, lead vocalist Gabriel Garcia's voice has changed

considerably since Black Tide's last album. Still miles ahead of any number of contemporary singers with regards to his overall package, the changes have moved him from the scream and growl range into a nice melodic roar, but he proves he still has the harsher chops on "Walking Dead Man."

With the change in vocals comes a change in music too, and while "Ashes" and "That Fire" are plenty hard enough for casual metal fans, *Post Mortem* sees the band evolve their sound into more of an extremely heavy hard rock territory.

Lyrically, the entire album feels like teenagers complaining about their petty lives, and Garcia clearly needs another four years dealing with chin fuzz before his voice settles down into anything approaching metalcore. The album might still be enjoyable if you happen to be looking for a harder version of Incubus. The breathless drums and thrashing guitars would be more at home in a band like Pantera, and as a whole, Black Tide comes across as a little too young both in years and in sound to be playing anything as hard as that.

On "Take it Easy," Garcia wonders, "Where will we be five years from now? / What will this mean five years from now?" The answer is that five years from now, Black Tide will try to forget that *Post Mortem* ever existed. The pieces are there, and if the band can put them together and get over their teenage angst, there just might be a solid band developing from this disappointment.

Sports

Sports Editor

Rebecca Medel

Phone

780.492.6652

Email

sports@gateway.ualberta.ca

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Basketball Bears sweep number one Huskies

BASKETBALL PREVIEW
Bears @ Wesmen

Friday and Saturday, Nov. 18-19
University of Winnipeg

Rebecca Medel

SPORTS EDITOR

They swept the number one team off their feet in double header action last weekend, and now the 3-1 basketball Bears are looking to add a couple more wins to their rap sheet as they head to Winnipeg this weekend to play the 1-3 Wesmen.

"It's a great sweep ... Saskatchewan is a championship-type team. They have a lot of guys that have won the championship on their team and are very confident. So for our guys to fight and battle ... to hold that lead was very hard and they did it," said Bears head coach Greg Francis.

The Bears beat the Huskies, last year's CIS champs, 77-71 on Friday night and 74-69 on Saturday. The Bears and Huskies were tied 51-51 at the end of the third quarter on Saturday, but Alberta played down to the final five seconds and gained another 23 points in that final quarter for the win. Francis knows he's coaching a team to beat.

"They're a very fast team but I think (we played) better this weekend. I'm glad that we got the win, but I like to see that we're getting better," Francis added.

The Bears are getting better. The first weekend of play was win-lose in Manitoba. But last weekend the Green and Gold were able to play for a packed house of fans cheering for them — an energy that drives any team on. And with a regular season schedule that goes until February, the Bears have a lot more game to unleash.

The Bears have a quite a talent pool with players like third-year guard Jordan Baker, who had 43 points over the weekend, scoring 25 of those on Saturday. Baker recently returned from the Pan Am Games in Mexico where he represented Canada on the men's basketball team.

Other key players include fifth-year guard Daniel Ferguson, who led the Bears with 19 points in Friday's game and scored another



FILE PHOTO: ARMAAD LLDICK

15 on Saturday, and third-year forward Todd Bergen-Henengouwen who scored 16 points both nights. Bergen-Henengouwen said that winning against the Huskies is a good start to the season.

"Beating a number one team like Saskatchewan two nights in a row is something. So now

we know we can do it," Bergen-Henengouwen said.

Saturday night's game tied up the Bears for first place in Canada West East with the University of Lethbridge. The only team that has had four straight wins so far is Victoria in the west division. Francis is now getting his team ready

for their third weekend of play in Winnipeg this Friday and Saturday.

"You can't have a weekend like this and have any glitches on the road. Winnipeg is a scrappy team so we've got to keep building because I think this is just the tip of the iceberg," Francis said.

Hoop Pandas up the defence for double weekend wins

BASKETBALL PREVIEW
Pandas @ Winnipeg

Friday and Saturday, Nov. 18-19
University of Winnipeg

Matt Hirji

SPORTS STAFF • @MATTHIRJI

BASKETBALL • CONTINUED FROM PAGE 1

Clarke scored a team best 44 points over the weekend to lead her team to a nail-biting 56-54 victory on Friday night and a more convincing 68-58 the following evening.

But while Clarke's offensive firepower certainly helped her team's cause this weekend, for head coach Scott Edwards, the Pandas' defensive tenacity is what made all the difference.

"It was really nice to see us play defence the way we think we can play. If there was a statement made this weekend it's that we can play a high level of defence at the highest level of Canada West.

"I was just really proud of our kids. The

energy and the effort they gave to hold (Saskatchewan) to under 60 points twice over the weekend. That says a lot. We really stayed committed to our game plan and executed the way we wanted to. There's obviously things that I'd like us to do better, but I was really proud of our effort."

Even more apparent than their defensive presence was a palpable sense of focus that emanated from the Pandas' play throughout the two game series against the Huskies. With a roster full of veterans, there is a sense of urgency on the team that hasn't been witnessed in several years. There seems to be an understanding that a national championship trophy is within reach this year.

"I think they know what they want and where they want to be at the end of the season," Edwards said. "We aren't a young team anymore. We've been saying we've been young for a long time now, but this year is very different. They know that this is the year that it needs to get done."

The Pandas will continue the beginning stages of their drive for national glory next weekend when they travel to Winnipeg to take on the 2-2 Wesmen.

sports shorts

COMPILED BY Rebecca Medel

BEARS JUST SHY OF BRONZE AT NATIONALS

The Bears soccer squad lost 1-0 to Cape Breton last Sunday, as the Capers scored in the 70th minute of the CIS bronze medal match in Victoria.

This was the first national medal for the Capers and resulted in a fourth-place finish for the Bears.

The Bears followed Victoria into the championships by beating the UBC Thunderbirds 1-0 in the Canada West play-offs, also held in Victoria, the weekend before. The Bears entered nationals as the Canada West champs. The last time they made an appearance at nationals was last year, where they placed seventh. Victoria was the gold medal winner this year after beating St. Mary's University 3-1.

The Bears had a 7-3-4 regular season and finished fourth in Canada West before their playoff domination. Top earners in the regular season were strikers Brett Colvin with four goals and six assists, Marcus Johnstone with five goals and three assists, Milan Timotijevic with five goals and two assists and midfielder Cameron Schmidt with two goals and five assists. Keeper Jay

Vetsch played 12 games, had 58 saves, and two shutouts.

FIFTH-PLACE FINISH FOR PANDAS SOCCER SQUAD

The Pandas soccer team was a little farther east as they represented Canada West at the CIS national championships at McGill.

The Pandas managed a fifth-place finish at nationals, beating Trinity Western 2-0 on Saturday after previously losing to Queen's 2-1 on Thursday and beating Dalhousie 2-0 on Friday. This was their first appearance at nationals since they were the CIS hosts in 2005.

It was a good season for striker Heather Lund and the rest of the soccer squad. Lund scored her 26th conference goal on Oct. 24, beating Claire Thomas' previous Pandas record of 25 all-time conference points. Lund was the Pandas' top scorer this season with 11 goals, followed by forward Amanda Blacks' six and mid-fielder Elise Emmott's five.

Keeper Kelti Biggs played all 14 season games and had 7 shutouts, one shared with keeper Christine Tallon).

The Pandas had a 9-4-1 regular season and entered Canada West playoffs as the number three team, tailing TWU and UBC. A 1-0 shutout against UBC and a 2-1 win for TWU in a shootout earned the Pandas the second seed spot to nationals.



SUPPLIED: BLAKE GLMPRECHT

Danes and Czechs stop to take on Bears on way to World Jrs.

HOCKEY PREVIEW

Bears vs. Danes and Czechs

Dec. 15, 16 and 18
Clare Drake Arena

Andrew Jeffrey
SPORTS STAFF • @ANDREW_JEFFREY

The best under-20 hockey players in the world are coming to Edmonton this winter and the Golden Bears will be taking time out of their winter break to face off against two world class teams.

The annual World Junior Hockey Championships are being hosted this year in Edmonton and Calgary from Dec. 26 to Jan. 5. To prepare for the tournament, the national teams from Denmark and the Czech Republic will visit Clare Drake Arena to compete with the Green and Gold. The Bears host Denmark for two games on Dec. 15 and 16, with another game against the Czech Republic on the 18th. These games offer an opportunity for fans to see world class hockey go up against their own school colours.

"I think for our guys it's just a good opportunity to play a few games where there's not a lot on the line in regards to two points in the league and we can have some fun with it," said Bears head coach Stan Marple.

The initiative to plan these three games was led by Marple for the benefit of both student fans and players alike. The coach took advantage of the World Juniors in Edmonton this year to invite visiting teams to come to the U of A where they can warm up and adjust to their new surroundings before the tournament starts. Both the Danes and Czechs were eager to accept the offer, with Denmark agreeing to spend a week

of training camp at the U of A before the tournament.

"I basically solicited all the teams that were coming to Edmonton and Calgary for the tournament and I thought that there might be one that might want to come a little bit early and get accustomed to the climate and everything," Marple explained.

In the past, this tournament has been a stage for many future NHL stars to show off their potential and the skill they'll bring to the pro leagues. This world class talent is an interesting challenge for the Golden Bears that's unlike any of their normal competition. But Marple doesn't think there's much the team will have to adjust for against Denmark and the Czech Republic, focusing less on getting the win and more on giving his players a chance to go up against a different calibre of competition.

"I think it's more the experience than anything else and an opportunity to try a few things when there's not a lot on the line," Marple said. "It's not that we're going to play any different. We're still going to play with our great enthusiasm and desire to win but it's just maybe a little bit different."

Marple also noted these games will give the team the opportunity to try new strategies offensively and different line combinations. But at the same time, Marple acknowledged that he and his team don't entirely know what their competition will play like.

"You always see it on TV, the World Junior Championships, like last year at Christmas, but you don't really know until you actually play them. It'll definitely be different," Marple said. "They won't be quite as physical and they'll be very fast so we'll just have to make very smart decisions and make sure that we're

ready to play. You can't take anything for granted."

Historically, the Golden Bears hockey squad does hold an impressive record in international competition. The team has an all-time record of 32-14-1 in international play. However, the team hasn't played a foreign national team like since 1997, when they defeated the Japanese national team 3-2. And Denmark and the Czech Republic are much stronger hockey nations than Japan and will likely pose a greater challenge.

"The Czech team is from a great hockey nation, one of the top in the world, both in their junior and senior teams," Marple said. "The Danish team will be very well coached and we're not going to take them for granted. We're going to work hard against them and hopefully help them in preparation for the World Championships."

The players themselves are excited for the games which is obvious by their willingness to participate in them. These games may interfere with the hectic exam schedule, but players were given too good of an opportunity for the team to pass up.

"It's great the boys agreed to play these games. Some of them will be writing a few exams at that time but we're going to try to arrange it so that everybody's okay to play them," Marple said. "We talked to the boys about that. Obviously, academics come first, but the boys didn't think it was that big of a deal."

Before the Bears reach their winter break and their games against Denmark and the Czech Republic, they still have four CIS games left to play. A bye next week will be followed by a two-game trip to Regina the week following. The next week they will travel to Manitoba to finish the first half of the year. The Bears are 8-2-2 now.

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GROUP COMMENTARY

Here at *The Gateway* we like watching sports, playing sports and talking about sports. Actually, let's rephrase that. Here at *The Gateway* some of us like those things. And for the rest who claim they "really have sat through both innings of hockey," we give them a smile and a nod. And sometimes a wink and the gun. But this commentary is about one of the greatest things about going to a live event besides seeing the coach get red-carded for yelling at the ref — the concession food. So grab your ketchup and mustard and see if you agree with what we think is the best of the best.

Atta Almasi

If you ask most people what their favourite concession food is they're probably gonna say hot dogs. And my favourite concession food is a hot dog... just a different kind of hot dog. The best concession food item — in North America at least — is the notorious "Fenway Frank" served at, you guessed it, baseball's oldest stadium, Fenway Park in Boston.

At a cut of \$4, at least when I was there in 2007, the Fenway Frank is a simple yet delicious addition to the experience at "America's favourite ballpark. The Fenway Frank, according to the American Museum of Natural History, is a hot dog "boiled and grilled Fenway style" and is "served on a New England-style bun

covered in mustard and relish". To give an even simpler description, it is basically a boiled hot dog served in a rolled up slice of Wonder Bread. You could make this at home. There are even restaurants around Yawkey Way that sell "Fenway Franks" for a buck. But as the American one dollar bills are passed person-to-person down the row to the vendor, and as members of the Red Sox nation pass your frank back to you, you realize you are taking part in an age-old ritual in a century-old stadium which makes the cost worth it.

Evan Daum

Buy me some peanuts, and cracker jacks, and don't forget the mammoth potato while you're at it.

Baseball games are synonymous with salty snacks and the traditional stadium fare of hot dogs and french fries. And while my favourite concession item is of the potato variety, you'd never confuse it with a whimpy french fry.

If you're ever jonesing for a potato that eats like a meal, head down to Minute Maid Park in Houston, Texas, home of the world's best baked potato. When I say potato, don't think some scrawny russet potato you throw on the barbeque. Imagine instead a massive and clearly genetically modified behemoth that makes a Hummer look like a Smart Car.

This potato isn't only huge, it's also loaded with all the fixin's needed to make your mouth water as you attempt to finish this edible insanity. There's sour cream, chives, barbeque sauce and, most importantly, beef on this baby. Every bite is another trip to taste bud heaven. For only \$9 you can fill your stomach

with a one-of-a-kind stadium food gem that gives credence to the idea that everything is bigger in Texas.

Ravanne Lawday

Sour Patch Kids are my favourite concession snack — even though they shouldn't be after what happened the last time I went to an Edmonton Eskimos game. I am hopelessly clumsy and after walking down the long flight of stairs back to my seat in Commonwealth Stadium with a hamburger, onion rings and Sour Patch Kids, I was far too eager to open up the little bag of candies and spoil my supper. But as I ripped them open, there was way too much momentum in my rip and I ended up spilling them all over the young family in the row in front of me. These little candies are the biggest source of embarrassment I've felt at a sporting event since junior high when track and field participation was mandatory. But they're so addictive I'll risk my clumsy ways just to have my Sour Patch Kids.

Nick Ong

In my mind, there are only two kinds of concession stands — Ramly Burger Shacks and everything else. It's a popular burger place in Singapore. First they take a burger patty of questionable origin — and I mean questionable; they were once prohibited in Singapore — and fry it. Then they season the hell out of it with Worstershire sauce, onions and instant curry noodle seasoning. They wrap it with an egg, re-fry the whole package and slap it in a bun with chilli sauce, mayonnaise and about a pound of margarine.

The result is the greasy, cholesterol-laden heaven known as the Ramly Special. Probably my favourite concession food of all time.

When you take that first bite first you go through the soft, warm bun, tasting the spice and creaminess of the sauce. Then through the egg with all that grease, fat and flavour bursting out. Last is the patty itself — proof that any questionable meat can taste good with enough seasoning. I normally go through three specials per game. Any more and I risk heart failure, sensory overload, or both.

Matt Hirji

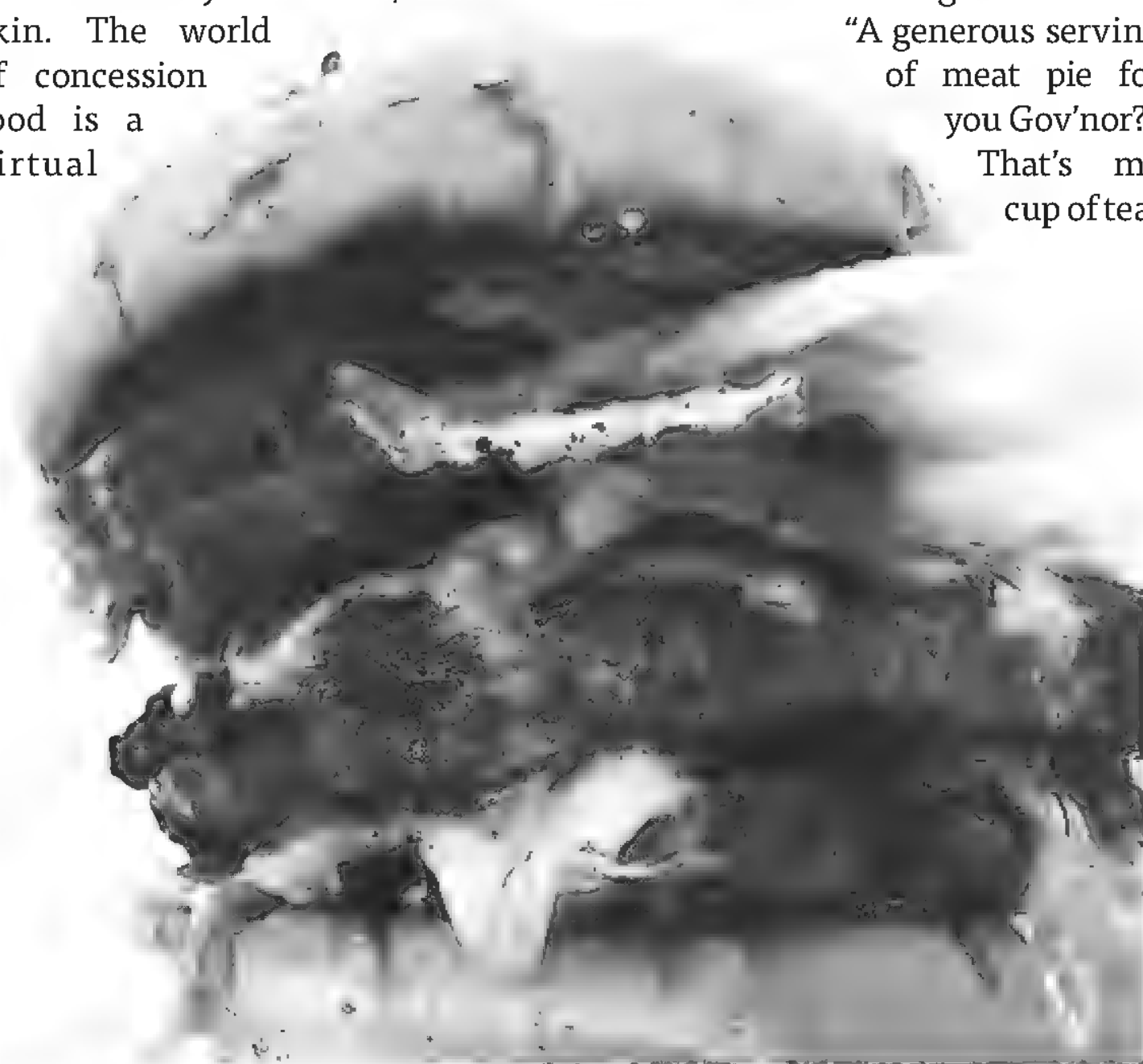
Sure, the nail-biting suspense in professional sports is all well and good, but I live to bite something more delicious than my hardened, dead skin. The world of concession food is a virtual

smorgasbord of mouthwatering morsels. Hot dogs, finger-licking fries and delectable nachos are just the beginning. But with so many options, what can I possibly choose before I get to the front of the concession line?

Pies. Meat pies to be exact. And there is only one place in the world where you can get them. The hallowed grounds of soccer fields — sorry, "football pitches" — all across England.

Savory pies are the traditional half-time grub for football fanatics across England. The crusty pastry filled with gravy-ized chunks of tender beef is the perfect complement to watching a game of soccer. And with scores that barely peak above nil-nil, it's no wonder the Brits aren't satisfied with a measly hotdog to entice them to the game.

"A generous serving of meat pie for you Gov'nor?" That's my cup of tea.



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VOLLEYBALL ROUNDUP

Pandas/Bears vs. Winnipeg

Friday and Saturday, Nov. 18-19
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Atta Almasi
SPORTS WRITER

The Green and Gold are unbeatable so far this season in men's and women's volleyball.

After coming off of two-game sweeps of the Huskies last weekend, both the Pandas and the Bears are ready to get back on their home court as they return to the Saville Community Sports Centre and host the University of Winnipeg Wesmen this Friday and Saturday.

Despite the sweeps, the Pandas and Bears roads to victory against Saskatchewan were very different. In their two games in Saskatoon, the Pandas made easy work of their Huskie counterparts, winning 3-1 on Friday night and taking three straight sets on Saturday. The Golden Bears, on the other hand, had a more difficult task as they squeezed through 3-2 both nights in their two games against the Huskies.

While the wins in Saskatoon were certainly welcome and have boosted both teams' records to a perfect 4-0, head coaches Laurie Eisler for the Pandas and Terry Danyluk for the Bears know that there is still room for improvement.

"Friday we made a lot of unforced errors and it took us a while to settle into our play. But I thought that regardless of that, we handled it pretty well. I think we're doing a lot of things well, but virtually everything we can do better. There's lots of room for progress, especially in our defense. Part of it is just individually being better tactically as defenders and playing within the system. So

that's definitely a focus for us in the coming weeks," Eisler said.

On the men's side of the court, Danyluk echoed Eisler's sentiments.

"I was disappointed on our play (against Saskatchewan). There's a lot of things that we need to improve on."

While both teams spend this week preparing to take on Winnipeg, the Pandas and Bears are admittedly facing two vastly distinctive squads in the Wesmen that are going in two very different directions this season.

"There's lots of room for progress, especially in our defense. Part of it is just individually being better tactically as defenders and playing within the system."

LAURIE EISLER
HEAD COACH, PANDAS VOLLEYBALL

For Eisler and the Pandas, they're going up against a Wesmen roster that is currently ranked number nine in CIS and boasts a respectable 5-1 record, just recently coming off a two game sweep of the Pandas' in-province rivals, the University of Calgary Dinos.

"They're a very good team. They're a much better team than a number nine rank. I would say they're probably at least in the top four from what I've seen on video so far and they're going to be very challenging to play against," Eisler said of the Wesmen.

"They have a middle blocker that's special in fifth-year athlete Lauren Sears. She's a very good blocker, a very dynamic offensive player that finds a million different ways to score. She's always challenging to play against. They

have a nice balance, though, on their team this year ... They can move the ball around very well. So they'll give us a lot of challenges."

For Danyluk and his Golden Bears, still ranked second in the CIS top 10 poll, they'll take on a Wesmen team that is struggling out of the gate at 1-5. Despite the male Wesmen's lowly record, Danyluk is not dismissing Winnipeg just yet.

"You can't do that," Danyluk said. "Each game has equal meaning."

A common factor that unites all four volleyball teams is the knowledge and experience of their tacticians. Eisler is nearing her second decade at the helm of the Pandas, while her Wesmen counterpart, Diane Scott, has 17 years under her belt as a volleyball head coach.

"We've had a long road together," Eisler laughed. "She actually was still playing when I started coaching. I think it was the '93 championship. (It) was my first — it was the U of A Pandas' first time in a national final and she was on the (Wesmen) team that beat us. So we have a bit of a story to us. But (she's) a great friend and a colleague, she does an awesome job with that program at Winnipeg, and I always know they're going to be ready to play for sure."

Danyluk, who himself has been leading the Bears onto the court for 19 straight seasons, has nothing but respect and admiration for the University of Winnipeg's men's volleyball coach, Larry McKay, in his 23rd year.

"I don't look at him as an adversary ... we're good friends," Danyluk said. "All of the coaches in Canada West all have a mutual respect for each other."

The Pandas and Bears take on the Winnipeg Wesmen at the Saville Community Sports Centre at 6 p.m. and 8 p.m. this Friday and Saturday.

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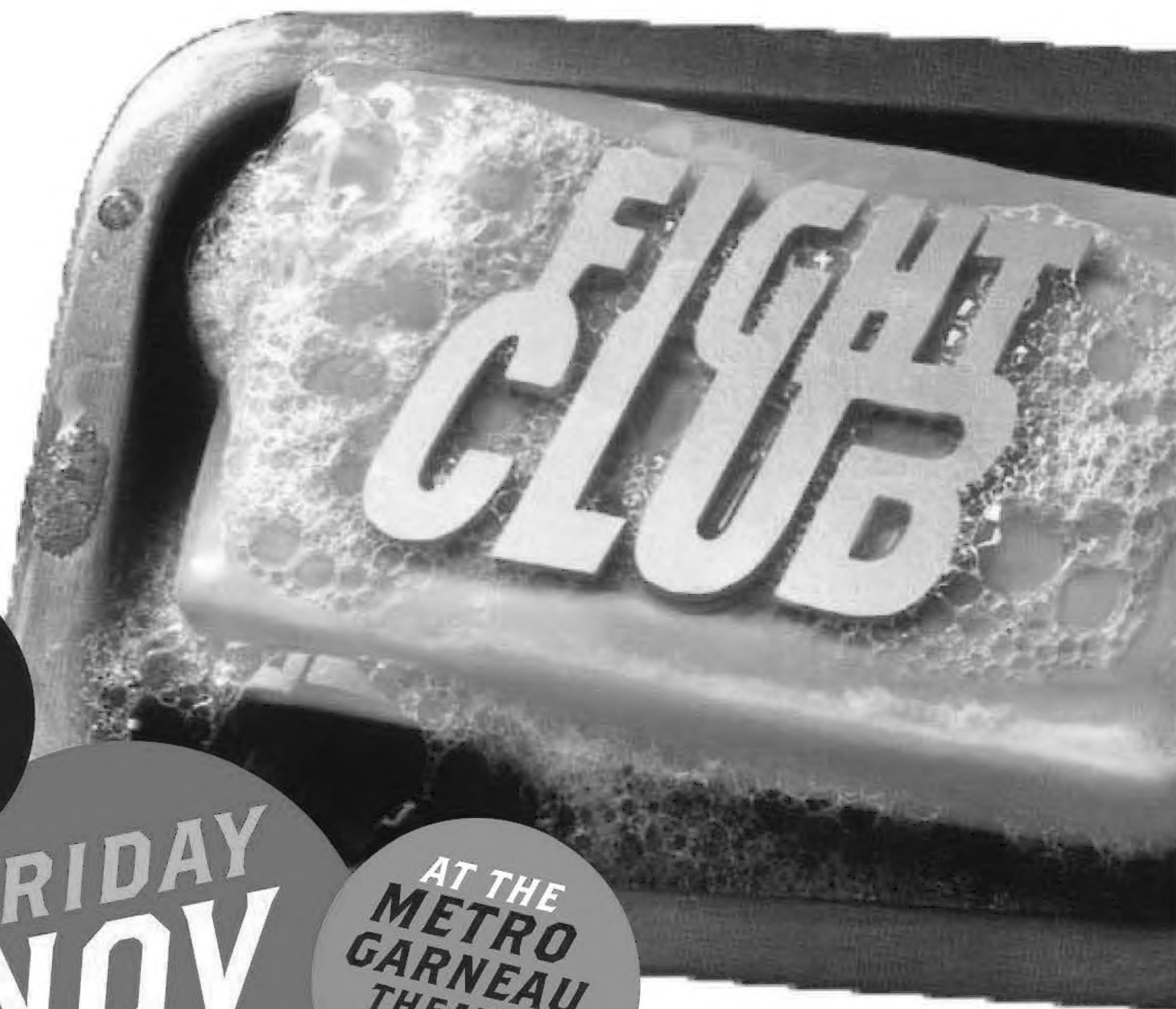
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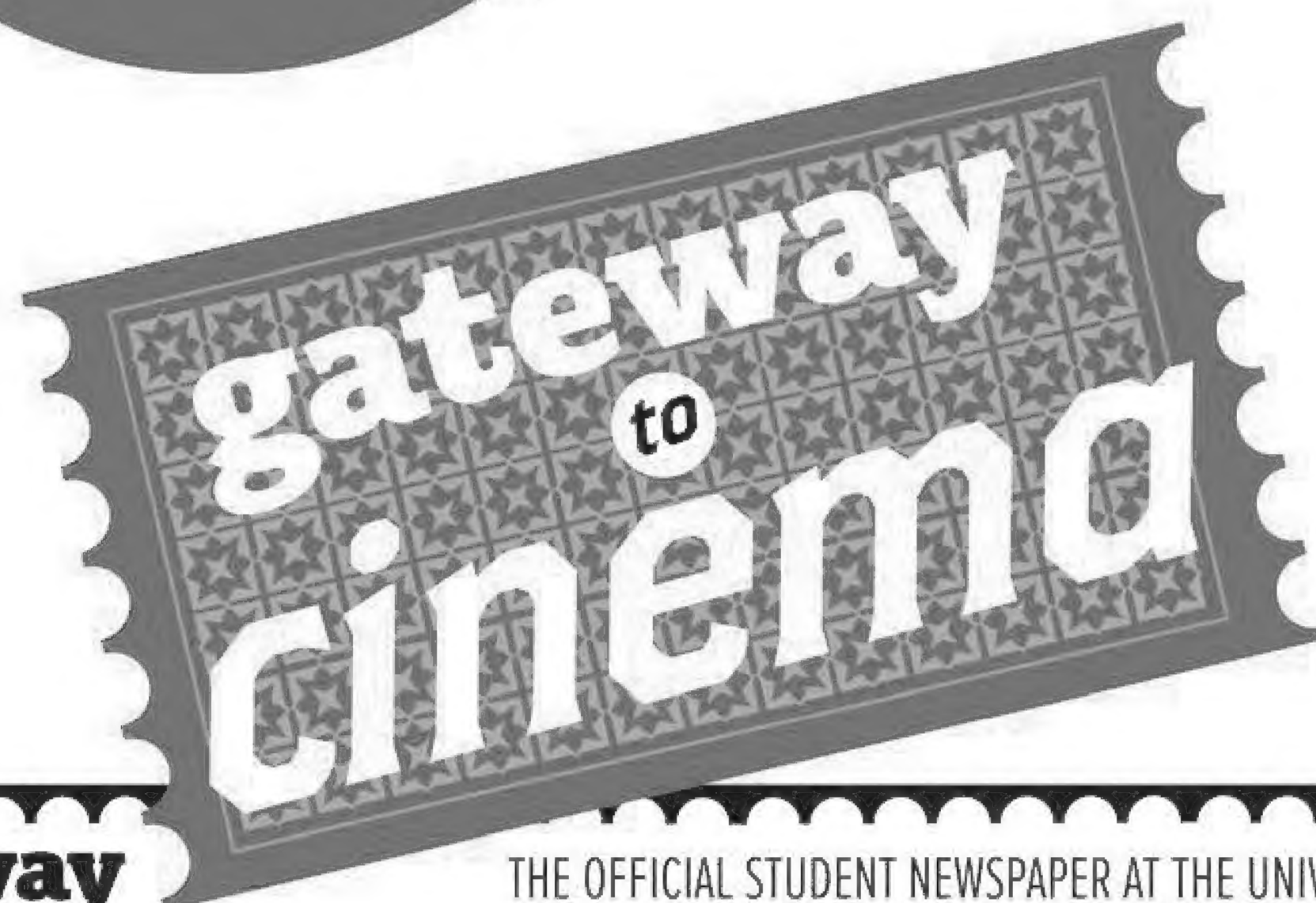
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THEATRE
8712-
109ST



Comics meetings Tuesdays at 3:30 p.m. in 3-04 SUB. C'mon by!

WELL, I'VE PRETTY MUCH CONQUERED PHILOSOPHY. WHAT'S NEXT FOR OL' BERTRAND?

BERTRAND! IT'S TIME FOR YOU TO ACTUALLY ACCOMPLISH SOMETHING!

BUT... I'M A DISTINGUISHED PHILOSOPHER!

crossword

BRANDON AND CHRIS’S CROSSWORD EXTRAVAGANZA SATURDAY NIGHT PANCAKE EDITION

by Brandon Cathcart and Chris Linden

Stumped? Check out the answers or voice your outrage at:
www.thegatewayonline.ca

Wanna be a fan? Check out our facebook page at:
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Acrossynyms

- 1. Able (trickier than it seems)
- 5. Thor stole his thunder
- 9. Locksmiths of the guitar (Wordplay)
- 14. 46 Across
- 15. Edit (Just as tricky as 1 Across)
- 16. Not his “ro”
- 17. Choosing reading over gardening (Pun, 3 words)
- 20. Old people (Singular)
- 21. This is a _____
- 22. Plant yarn to make a scarf
- 23. City of the giant Jesus
- 25. What separates a car motor from a profession (Wordplay)
- 26. Donkey’s behind (Wordplay)
- 27. Cause of soiled pants (Pun, 3 words)
- 33. Possible nickname for Egypt’s last pharaoh
- 34. Human Torch imitators (possession of firearms) (Acr.)
- 35. Poem of debt (Pun)
- 37. Tick ____ : Clock conversation about insects (Pun)
- 38. “It’s the ____ I can do.” Helping a baker in need. (Pun)
- 41. French verb for “to be”
- 43. A bro saying “Indeed, good sir.”
- 45. ____ battery: Car insurance beating (Wordplay)
- 46. 67 Across
- 47. Linear equation and Viagra overdose commonality (2 words)

- 51. Convenient place to wallow in the mud
- 53. ____ a the Explorer
- 54. Half of a search engine
- 55. A snooty rich person saying “Indeed, good sir.”
- 56. ____ land: The country of formal neckwear
- 58. A sister is either a sibling ____ (3 words)
- 63. Not a substitute for a thesaurus
- 66. Old MacDonald had a farm...
- 67. 3 Down
- 68. Palindromic name
- 69. Hairstyle - math commonality
- 70. Crossword title (Acronym)
- 71. Indian bread

Down

- 1. On a list with Ural and Caucasus
- 2. Wild ____ - Buzzkill warthog (Pun)
- 3. 14 Across
- 4. “In yes,” en Espan ol
- 5. A male horse and a female zebra walk into a bar...
- 6. Scandinavian fabric: Sw ____ su ____ (Same word)
- 7. Ultimately Irrational Fighting Championship (Acr.) (Loser takes all)
- 8. Hot, to the police
- 9. Cereal greeting (Pun)
- 10. “First letter, right?” in Canada

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66							67					68		
69							70					71		

- 11. “Did only the amateurs eat?” Response (3 words)
- 12. Anti-racism sandwiches
- 13. Hungry call for help (“We’re starv-ing!”) (Acronym)
- 18. Spelling debate
- 19. Regretfully pondered antisocial behaviour (Wordplay)
- 24. Shrek
- 27. Second installment of Korea’s national sport (Acr.)
- 28. “ ____ waste”: Bathroom/pillage participant’s comment
- 29. One who throws phones and TVs (Wordplay)

- 30. Choice vacation spot for monstrous lizards
- 31. “- ____.” Falling off a cliff mid-conversation
- 32. “Hope u ____” - Hospital text message (2 words)
- 36. Stop, ____ and roll: soccer ball and burn victim commonality
- 39. I ____ in the shower. (Past tense)
- 40. Jedi’s place to get inked
- 42. 67.5° on a compass
- 44. Enhiladas ____; Two Mexican foods (Intentional typo)
- 48. Extremely high definition (2 words)
- 49. ____ off: fades into the bush

- (Wordplay)
- 50. Phonetic depression
- 51. Mountainside tea: a steep ____ (Pun)
- 52. This word should be fairly obvious (Terrible pun)
- 57. Con artist confession
- 59. Jaws theme intro, played in reverse
- 60. Jaws theme intro, played not in reverse
- 61. As a potter, one might ____ living (Pun, 2 words)
- 62. Internet cat variety
- 64. ____ arc remark: bicycle complaint (Pun)
- 65. Best spinner

sudoku

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6		9				2		
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4				7				6
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	7		4					
		1				5		3
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SOAPBOX

As an aficionado of fine sushi, I

find it most distressing that my favourite dish, the Rainbow Roll, is more often than not sliced too thickly. It’s not as if you can bite these things, since doing so causes the entire piece to fall apart, so I have no recourse but to shove the whole thing in my mouth — that’s what she said. Delicious though it may be, it’s a lot to cope with in one mouthful and you can’t take your time to fully enjoy it lest you risk choking — bow chikka bow wow. If it’s not integral to the dish that the pieces be sliced that thick, I recommend thinner slices, allowing for smaller mouthfuls, more pieces, and overall greater enjoyment of the eating experience.



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WEDNESDAYS

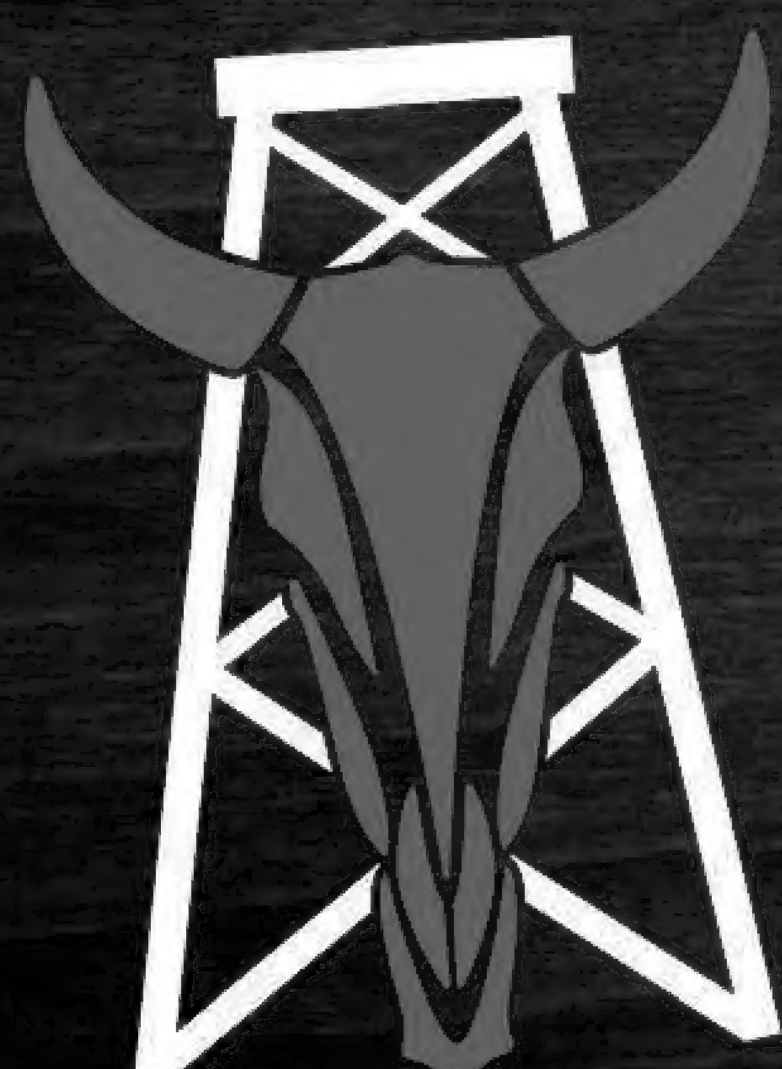
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\$2 REDBULL
\$3 HIBALLS
\$4 EVERYTHING ELSE

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